



Episode 76: Wendy Tremayne  
Going Off The Grid,  
Sustainable Living, & Burning Man



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1  
00:00:08,070 --> 00:00:06,389  
we're here because we don't buy into the

2  
00:00:09,830 --> 00:00:08,080  
[h\_\_\h] of mainstream culture

3  
00:00:11,190 --> 00:00:09,840  
we're tired of the mundane passionless

4  
00:00:12,870 --> 00:00:11,200  
careers we've been shuffled into as a

5  
00:00:13,910 --> 00:00:12,880  
result of this orchestrated debt-based

6  
00:00:15,350 --> 00:00:13,920  
system of rule

7  
00:00:17,029 --> 00:00:15,360  
and the stranglehold on education

8  
00:00:18,470 --> 00:00:17,039  
entertainment by cold soulless

9  
00:00:21,590 --> 00:00:18,480  
corporations

10  
00:00:23,910 --> 00:00:21,600  
people yes we are frustrated yes

11  
00:00:25,189 --> 00:00:23,920  
we are tired and we reject the

12  
00:00:26,790 --> 00:00:25,199  
pre-approved tranquilizers that are

13  
00:00:27,830 --> 00:00:26,800

monday night football and an ice cold

14

00:00:29,990 --> 00:00:27,840

budweiser

15

00:00:31,269 --> 00:00:30,000

we have to stop hiding stop hiding

16

00:00:33,110 --> 00:00:31,279

behind the headphones in the cherry

17

00:00:34,709 --> 00:00:33,120

popper 420 username

18

00:00:36,709 --> 00:00:34,719

let the world see that the resistance is

19

00:00:38,790 --> 00:00:36,719

strong and society is changing

20

00:00:40,229 --> 00:00:38,800

it was a time to be anonymous but that

21

00:00:41,750 --> 00:00:40,239

time has passed

22

00:00:43,750 --> 00:00:41,760

and so the higher side chats would like

23

00:00:45,590 --> 00:00:43,760

to present conspiracies as the dawning

24

00:00:46,869 --> 00:00:45,600

of this new paradigm in the uniform of

25

00:00:48,389 --> 00:00:46,879

the revolution

26  
00:00:50,549 --> 00:00:48,399  
because bold fashion should mean more

27  
00:00:52,229 --> 00:00:50,559  
than some celebrity meat dress or frappe

28  
00:00:54,389 --> 00:00:52,239  
and a sleeping polo

29  
00:00:55,990 --> 00:00:54,399  
conspiracies redefines bold fashion as

30  
00:00:57,029 --> 00:00:56,000  
having the balls to project socially

31  
00:00:58,869 --> 00:00:57,039  
uncomfortable

32  
00:01:00,389 --> 00:00:58,879  
and unpopular truths from your radiant

33  
00:01:03,830 --> 00:01:00,399  
chest all

34  
00:01:06,230 --> 00:01:03,840  
[h\_\_\h] day conspiracies.net

35  
00:01:07,510 --> 00:01:06,240  
let them know that you know bold designs

36  
00:01:15,990 --> 00:01:07,520  
for trouble times

37  
00:01:21,429 --> 00:01:19,830  
in the 1930s roosevelt the dress the

38  
00:01:22,149 --> 00:01:21,439

nation through a series of radio

39

00:01:25,429 --> 00:01:22,159

broadcasts

40

00:01:27,109 --> 00:01:25,439

known as the fireside chats his aim was

41

00:01:28,990 --> 00:01:27,119

to reassure the common man that our

42

00:01:33,749 --> 00:01:29,000

society would recover from its troubled

43

00:01:38,390 --> 00:01:36,230

for a new era of worldly frustration we

44

00:01:43,749 --> 00:01:38,400

offer a fresh conversation

45

00:01:46,630 --> 00:01:45,109

how's it going higher side chatters

46

00:01:48,310 --> 00:01:46,640

welcome to another powerful show

47

00:01:50,469 --> 00:01:48,320

drinking a little drink smoking a little

48

00:01:52,630 --> 00:01:50,479

smoke from sunny san diego i'm greg carl

49

00:01:53,990 --> 00:01:52,640

wood and people we all know the largest

50

00:01:55,990 --> 00:01:54,000

aspect of the big conspiracy

51  
00:01:57,270 --> 00:01:56,000  
is manipulation and the complete control

52  
00:01:58,709 --> 00:01:57,280  
of the population

53  
00:02:00,230 --> 00:01:58,719  
the elite try to dress up our

54  
00:02:01,990 --> 00:02:00,240  
enslavement with flashing lights and

55  
00:02:03,990 --> 00:02:02,000  
pretty colors but the reality is that

56  
00:02:05,910 --> 00:02:04,000  
we've had our dreams goals and actions

57  
00:02:07,590 --> 00:02:05,920  
hijacked by green paper

58  
00:02:09,270 --> 00:02:07,600  
and these sorcerers of the system have

59  
00:02:11,830 --> 00:02:09,280  
cast a spell of servitude

60  
00:02:13,350 --> 00:02:11,840  
to which we measure our sense of worth

61  
00:02:14,630 --> 00:02:13,360  
and this power structure

62  
00:02:16,869 --> 00:02:14,640  
has all but guaranteed your

63  
00:02:18,710 --> 00:02:16,879

participation by limiting your options

64

00:02:20,790 --> 00:02:18,720

controlling your education and applying

65

00:02:22,390 --> 00:02:20,800

just enough pressure to convince you

66

00:02:24,150 --> 00:02:22,400

that there's no time to think about

67

00:02:26,229 --> 00:02:24,160

anything other than your pace on the

68

00:02:27,990 --> 00:02:26,239

never ending treadmill of capitalism

69

00:02:29,430 --> 00:02:28,000

it's a damn shame people and today we're

70

00:02:30,869 --> 00:02:29,440

going to examine one of the possible

71

00:02:32,070 --> 00:02:30,879

alternatives you've been denied by

72

00:02:33,750 --> 00:02:32,080

mainstream culture

73

00:02:35,509 --> 00:02:33,760

and today's guest was bold enough to

74

00:02:37,270 --> 00:02:35,519

turn in her life as a creative director

75

00:02:39,030 --> 00:02:37,280

at a new york city marketing firm

76  
00:02:41,190 --> 00:02:39,040  
and distance herself from the monetary

77  
00:02:43,270 --> 00:02:41,200  
monster in exchange for a sustainable

78  
00:02:45,270 --> 00:02:43,280  
life in an off the grid community

79  
00:02:47,190 --> 00:02:45,280  
mastering the art of making things she

80  
00:02:48,949 --> 00:02:47,200  
once bought she's the author of the good

81  
00:02:50,150 --> 00:02:48,959  
life lab radical experiments and

82  
00:02:51,830 --> 00:02:50,160  
hands-on living

83  
00:02:53,190 --> 00:02:51,840  
her name is wendy tremaine and it's a

84  
00:02:54,710 --> 00:02:53,200  
pleasure to have her share a little of

85  
00:02:56,229 --> 00:02:54,720  
her knowledge with us today wendy

86  
00:02:58,550 --> 00:02:56,239  
welcome to the show

87  
00:03:00,229 --> 00:02:58,560  
hey greg thanks that was a really nice

88  
00:03:02,149 --> 00:03:00,239

uh description of what you guys are

89

00:03:05,350 --> 00:03:02,159

about i'm like so impressed

90

00:03:06,949 --> 00:03:05,360

oh thanks thanks uh well i'm really

91

00:03:09,110 --> 00:03:06,959

appreciative of you being here sometimes

92

00:03:11,589 --> 00:03:09,120

you know i daydream about this whole off

93

00:03:13,190 --> 00:03:11,599

the grid sustainable living lifestyle

94

00:03:15,030 --> 00:03:13,200

weigh in the pros and cons the

95

00:03:16,630 --> 00:03:15,040

sacrifices against the freedoms and i

96

00:03:19,430 --> 00:03:16,640

really admire anyone who's had the guts

97

00:03:20,949 --> 00:03:19,440

to do it because i don't

98

00:03:22,070 --> 00:03:20,959

well thank you i was just talking to

99

00:03:23,589 --> 00:03:22,080

someone the other day and they were like

100

00:03:25,110 --> 00:03:23,599

it seemed so hard

101  
00:03:27,030 --> 00:03:25,120  
doing all this stuff and i was like

102  
00:03:29,030 --> 00:03:27,040  
really because going to work every day

103  
00:03:30,949 --> 00:03:29,040  
seems a lot harder to me

104  
00:03:32,869 --> 00:03:30,959  
right and i i'm kind of right at that

105  
00:03:34,869 --> 00:03:32,879  
crossroads i mean i sometimes think of

106  
00:03:36,869 --> 00:03:34,879  
it as like we've all grown up in prison

107  
00:03:38,470 --> 00:03:36,879  
cells with the door wide open

108  
00:03:40,149 --> 00:03:38,480  
but everybody's just afraid of what's

109  
00:03:41,509 --> 00:03:40,159  
outside because they're just familiar

110  
00:03:43,270 --> 00:03:41,519  
with the surroundings they'd rather just

111  
00:03:46,949 --> 00:03:43,280  
stay in the cage

112  
00:03:47,350 --> 00:03:46,959  
it's funny isn't it it's kind of sad but

113  
00:03:49,990 --> 00:03:47,360

yeah

114

00:03:51,990 --> 00:03:50,000

i do i do feel that way you know i

115

00:03:54,229 --> 00:03:52,000

actually just got back from san diego

116

00:03:55,589 --> 00:03:54,239

or back to san diego from st louis i

117

00:03:57,429 --> 00:03:55,599

went home from my 10-year high school

118

00:03:59,190 --> 00:03:57,439

reunion and it was a blast but i ran

119

00:04:00,789 --> 00:03:59,200

into a lot of people that say

120

00:04:02,390 --> 00:04:00,799

i'm like hey man i haven't talked to you

121

00:04:04,470 --> 00:04:02,400

in forever how's life what's new and you

122

00:04:05,509 --> 00:04:04,480

get the same response oh not much just

123

00:04:07,990 --> 00:04:05,519

working man

124

00:04:10,309 --> 00:04:08,000

and it's so sad it's sad to hear that be

125

00:04:12,070 --> 00:04:10,319

the summary of someone's entire decade

126  
00:04:13,750 --> 00:04:12,080  
and then they don't think about changing

127  
00:04:15,910 --> 00:04:13,760  
things you know

128  
00:04:17,590 --> 00:04:15,920  
i hear you i too you know i've been

129  
00:04:19,670 --> 00:04:17,600  
living in new mexico about 10 years

130  
00:04:20,870 --> 00:04:19,680  
since i quit my job and and did this

131  
00:04:22,870 --> 00:04:20,880  
whole change but

132  
00:04:24,629 --> 00:04:22,880  
i've been on tour with my book so i'm

133  
00:04:26,870 --> 00:04:24,639  
going all over the place and

134  
00:04:29,110 --> 00:04:26,880  
you know as i go out in the world i just

135  
00:04:31,830 --> 00:04:29,120  
see like the working poor

136  
00:04:33,590 --> 00:04:31,840  
people with like really good jobs like

137  
00:04:35,270 --> 00:04:33,600  
hey i'm an editor and i'm a this and

138  
00:04:37,510 --> 00:04:35,280

they're like great things

139

00:04:39,110 --> 00:04:37,520

and what they talk about their when they

140

00:04:40,950 --> 00:04:39,120

speaking about their lives it's

141

00:04:42,950 --> 00:04:40,960

all about like the things they don't

142

00:04:43,510 --> 00:04:42,960

have time to do the projects they wish

143

00:04:46,230 --> 00:04:43,520

they

144

00:04:46,550 --> 00:04:46,240

could get involved in the giant commutes

145

00:04:50,310 --> 00:04:46,560

like

146

00:04:53,909 --> 00:04:50,320

that's the working poor

147

00:04:55,510 --> 00:04:53,919

yeah land of the free isn't it madness

148

00:04:56,790 --> 00:04:55,520

you know but let's talk about your

149

00:04:58,390 --> 00:04:56,800

journey you know when did you start

150

00:05:01,990 --> 00:04:58,400

thinking about making such a

151  
00:05:04,469 --> 00:05:02,000  
radical alternative change in lifestyle

152  
00:05:05,749 --> 00:05:04,479  
well you know admittedly i always kind

153  
00:05:09,270 --> 00:05:05,759  
of had an allergy

154  
00:05:12,710 --> 00:05:09,280  
to the commodification of culture

155  
00:05:13,830 --> 00:05:12,720  
um i did like in high school i went to a

156  
00:05:17,430 --> 00:05:13,840  
very middle class

157  
00:05:19,909 --> 00:05:17,440  
long island suburban high school and um

158  
00:05:20,629 --> 00:05:19,919  
the kids were like competitive over

159  
00:05:23,189 --> 00:05:20,639  
brands

160  
00:05:24,870 --> 00:05:23,199  
and clothing and all these things that

161  
00:05:26,790 --> 00:05:24,880  
had to do with status and like

162  
00:05:29,270 --> 00:05:26,800  
none of us had a job yet you know but

163  
00:05:32,230 --> 00:05:29,280

they knew who they should hang out with

164

00:05:34,230 --> 00:05:32,240

and um so even back then i was like very

165

00:05:34,870 --> 00:05:34,240

sensitive to it and i thought everybody

166

00:05:37,430 --> 00:05:34,880

was kind of

167

00:05:39,430 --> 00:05:37,440

sick and i didn't understand like why i

168

00:05:41,909 --> 00:05:39,440

wasn't

169

00:05:43,670 --> 00:05:41,919

but um but i tried like i went into the

170

00:05:46,390 --> 00:05:43,680

rat race and i was like okay

171

00:05:46,950 --> 00:05:46,400

let's do it and i really really tried

172

00:05:50,390 --> 00:05:46,960

and

173

00:05:51,270 --> 00:05:50,400

i just found it so utterly unfair i did

174

00:05:53,510 --> 00:05:51,280

not like

175

00:05:55,189 --> 00:05:53,520

uh employers asking me to lie for them

176

00:05:58,309 --> 00:05:55,199

as part of my job

177

00:05:59,749 --> 00:05:58,319

i didn't like um tolerating not being

178

00:06:03,189 --> 00:05:59,759

treated well at times

179

00:06:04,870 --> 00:06:03,199

um i just really never felt motivated by

180

00:06:08,150 --> 00:06:04,880

money to be honest

181

00:06:11,110 --> 00:06:08,160

and i didn't want to change

182

00:06:12,950 --> 00:06:11,120

yeah it's super tough and it seems i

183

00:06:14,469 --> 00:06:12,960

think there's a lot of fear around it

184

00:06:16,710 --> 00:06:14,479

probably because i've heard you say

185

00:06:18,230 --> 00:06:16,720

before and i completely agree that

186

00:06:20,309 --> 00:06:18,240

people just don't know how to take care

187

00:06:23,110 --> 00:06:20,319

of themselves

188

00:06:23,909 --> 00:06:23,120

yeah it's it's weird you know isn't it i

189

00:06:25,830 --> 00:06:23,919

mean

190

00:06:27,110 --> 00:06:25,840

i don't know if this is true but i like

191

00:06:30,230 --> 00:06:27,120

to think about this stuff

192

00:06:31,749 --> 00:06:30,240

and you know my whole life i'm noticing

193

00:06:33,430 --> 00:06:31,759

people very nervous right we have all

194

00:06:34,309 --> 00:06:33,440

these like nervous conditions now and

195

00:06:37,430 --> 00:06:34,319

people are taking

196

00:06:40,550 --> 00:06:37,440

drugs for that and i think maybe

197

00:06:41,749 --> 00:06:40,560

maybe on us like really deep level we

198

00:06:44,390 --> 00:06:41,759

kind of know

199

00:06:45,909 --> 00:06:44,400

that the knowledge we've amassed is all

200

00:06:48,790 --> 00:06:45,919

acculturated knowledge

201  
00:06:49,110 --> 00:06:48,800  
so like how to run the media and how to

202  
00:06:51,589 --> 00:06:49,120  
be

203  
00:06:53,430 --> 00:06:51,599  
on the internet and it's all this like

204  
00:06:55,670 --> 00:06:53,440  
civilization knowledge

205  
00:06:56,790 --> 00:06:55,680  
but we don't we kind of know we don't

206  
00:06:58,710 --> 00:06:56,800  
know how to like

207  
00:07:01,029 --> 00:06:58,720  
light a match without i mean live fire

208  
00:07:01,510 --> 00:07:01,039  
without a match and like grow a tomato

209  
00:07:06,309 --> 00:07:01,520  
and

210  
00:07:08,469 --> 00:07:06,319  
nervous systems like

211  
00:07:10,469 --> 00:07:08,479  
can't tolerate it because we need to

212  
00:07:12,710 --> 00:07:10,479  
know that we know how to live

213  
00:07:14,309 --> 00:07:12,720

you know yeah and when you said it it

214

00:07:16,870 --> 00:07:14,319

made so much sense to me

215

00:07:19,189 --> 00:07:16,880

and i've even thought about going to

216

00:07:21,189 --> 00:07:19,199

like a survival school because i mean i

217

00:07:23,189 --> 00:07:21,199

am a huge meat eater but of course

218

00:07:23,909 --> 00:07:23,199

people in modern society don't kill

219

00:07:25,510 --> 00:07:23,919

their own meat

220

00:07:27,110 --> 00:07:25,520

it's kind of weird but i feel like i

221

00:07:28,230 --> 00:07:27,120

should have to have that experience you

222

00:07:30,309 --> 00:07:28,240

know i should

223

00:07:31,510 --> 00:07:30,319

have to kill an animal and skin it and

224

00:07:33,510 --> 00:07:31,520

eat it it sounds is

225

00:07:35,350 --> 00:07:33,520

as gross as it sounds to me it's so

226

00:07:36,710 --> 00:07:35,360

foreign that we don't do that it's part

227

00:07:38,390 --> 00:07:36,720

of the process

228

00:07:40,710 --> 00:07:38,400

yeah and i wonder greg how you feel

229

00:07:42,469 --> 00:07:40,720

about this but i i'm a woman so i can't

230

00:07:44,790 --> 00:07:42,479

say but i often wonder

231

00:07:47,029 --> 00:07:44,800

about the male conundrum in our time

232

00:07:48,869 --> 00:07:47,039

like isn't there a part of you guys that

233

00:07:50,070 --> 00:07:48,879

really wants to go out and hunt that

234

00:07:52,550 --> 00:07:50,080

animal

235

00:07:53,670 --> 00:07:52,560

yeah uh i love there's a carlin routine

236

00:07:55,510 --> 00:07:53,680

where he calls

237

00:07:57,029 --> 00:07:55,520

calls it the uh pussification of the

238

00:07:59,029 --> 00:07:57,039

american male like

239

00:08:00,869 --> 00:07:59,039

yeah i mean you ca we can't provide for

240

00:08:04,390 --> 00:08:00,879

ourselves we're just house cats and yeah

241

00:08:05,589 --> 00:08:04,400

that is a little bit unsettling ouch the

242

00:08:08,869 --> 00:08:05,599

pacification

243

00:08:09,670 --> 00:08:08,879

oh my god strong words it's it's some

244

00:08:12,150 --> 00:08:09,680

weird stuff

245

00:08:13,830 --> 00:08:12,160

i know i feel for you guys all the time

246

00:08:15,670 --> 00:08:13,840

actually

247

00:08:17,270 --> 00:08:15,680

well you know something i've always been

248

00:08:18,150 --> 00:08:17,280

interested in is burning man and that

249

00:08:19,990 --> 00:08:18,160

was kind of

250

00:08:22,790 --> 00:08:20,000

got you kind of on that path right i

251

00:08:25,270 --> 00:08:22,800

mean what what do they do there

252

00:08:26,230 --> 00:08:25,280

uh yeah it did well have you been i want

253

00:08:28,710 --> 00:08:26,240

to ask first

254

00:08:30,150 --> 00:08:28,720

oh i haven't been i've been to some like

255

00:08:32,310 --> 00:08:30,160

something called the symbiosis gathering

256

00:08:34,070 --> 00:08:32,320

some little festival type things but

257

00:08:35,589 --> 00:08:34,080

um you know that's the crown jewel and i

258

00:08:38,550 --> 00:08:35,599

haven't made it there yet

259

00:08:40,070 --> 00:08:38,560

but uh it seems pretty fascinating it

260

00:08:43,029 --> 00:08:40,080

well it is and

261

00:08:45,829 --> 00:08:43,039

i think you know why it's important in

262

00:08:48,389 --> 00:08:45,839

our time and i do think it is important

263

00:08:49,110 --> 00:08:48,399

is we don't have another context like

264

00:08:51,590 --> 00:08:49,120

that

265

00:08:53,670 --> 00:08:51,600

so we only live in one context and you

266

00:08:55,190 --> 00:08:53,680

can call it the default world it's like

267

00:08:57,269 --> 00:08:55,200

the civilization that we

268

00:08:58,389 --> 00:08:57,279

built and we live in but when you go to

269

00:09:00,790 --> 00:08:58,399

burning man

270

00:09:02,710 --> 00:09:00,800

you're in a wonder world you're in a

271

00:09:05,269 --> 00:09:02,720

city a real city

272

00:09:06,070 --> 00:09:05,279

with everything from opera to hair

273

00:09:09,750 --> 00:09:06,080

salons

274

00:09:11,030 --> 00:09:09,760

to ice cream trucks to you know cafes

275

00:09:13,509 --> 00:09:11,040

and yoga

276

00:09:14,710 --> 00:09:13,519

and it's a city and it functions really

277

00:09:18,150 --> 00:09:14,720

well and it has

278

00:09:20,949 --> 00:09:18,160

no economy it's a gift economy and

279

00:09:21,990 --> 00:09:20,959

it is so utterly different from the

280

00:09:25,030 --> 00:09:22,000

default world that

281

00:09:25,430 --> 00:09:25,040

what it does is it like triggers you in

282

00:09:27,750 --> 00:09:25,440

ways

283

00:09:28,710 --> 00:09:27,760

this world can't and never will because

284

00:09:30,630 --> 00:09:28,720

it's different

285

00:09:32,949 --> 00:09:30,640

and when you get triggered every time

286

00:09:34,150 --> 00:09:32,959

you do there's a discovery like oh wow i

287

00:09:36,630 --> 00:09:34,160

didn't know i was that

288

00:09:37,190 --> 00:09:36,640

oh wow i didn't realize i cared about

289

00:09:39,590 --> 00:09:37,200

this

290

00:09:41,509 --> 00:09:39,600

and you realize you're like so many new

291

00:09:43,430 --> 00:09:41,519

things you never knew

292

00:09:45,110 --> 00:09:43,440

so it's really like a process of

293

00:09:48,230 --> 00:09:45,120

discovery and then

294

00:09:50,070 --> 00:09:48,240

on the other hand it has a tendency to

295

00:09:51,829 --> 00:09:50,080

be like a reset button for people

296

00:09:53,269 --> 00:09:51,839

where you go to burning man everything

297

00:09:55,110 --> 00:09:53,279

becomes so clear

298

00:09:57,670 --> 00:09:55,120

and you see all the ways you're full of

299

00:10:01,350 --> 00:09:57,680

[h\_\_\h] in your regular life

300

00:10:03,509 --> 00:10:01,360

and um it's not it's not um on typical

301  
00:10:03,990 --> 00:10:03,519  
what i did i got back from burning man i

302  
00:10:07,269 --> 00:10:04,000  
dumped my

303  
00:10:08,870 --> 00:10:07,279  
career i got a divorce i like

304  
00:10:11,350 --> 00:10:08,880  
learned to be a yoga teacher which

305  
00:10:14,310 --> 00:10:11,360  
wasn't even on my map before you know

306  
00:10:15,030 --> 00:10:14,320  
so i would say run don't walk you know

307  
00:10:19,269 --> 00:10:15,040  
this is like

308  
00:10:21,750 --> 00:10:19,279  
the living model of atlantis in our time

309  
00:10:23,590 --> 00:10:21,760  
yeah it's it's really interesting how

310  
00:10:24,790 --> 00:10:23,600  
the gift economy i've heard it explained

311  
00:10:26,310 --> 00:10:24,800  
to me before as like

312  
00:10:28,310 --> 00:10:26,320  
you have to produce something and then

313  
00:10:29,430 --> 00:10:28,320

it's a barter system is that accurate or

314

00:10:32,069 --> 00:10:29,440

is it a lot more

315

00:10:34,470 --> 00:10:32,079

is that too simplistic of a view it's

316

00:10:36,790 --> 00:10:34,480

actually not not accurate and uh uh

317

00:10:38,870 --> 00:10:36,800

they're for a specific reason so barter

318

00:10:43,030 --> 00:10:38,880

in the united states is technically

319

00:10:45,350 --> 00:10:43,040

taxable and only a gift is not

320

00:10:47,430 --> 00:10:45,360

so it's very important at burning man

321

00:10:49,829 --> 00:10:47,440

and they are always trying to remind

322

00:10:50,550 --> 00:10:49,839

the culture there that barter is not

323

00:10:52,710 --> 00:10:50,560

acceptable

324

00:10:55,269 --> 00:10:52,720

that's not what a gift economy is giving

325

00:10:56,630 --> 00:10:55,279

has to be a gift with no expectation in

326  
00:10:59,509 --> 00:10:56,640  
return

327  
00:11:00,949 --> 00:10:59,519  
huh and and through that system i guess

328  
00:11:02,550 --> 00:11:00,959  
because you're dealing with like-minded

329  
00:11:05,910 --> 00:11:02,560  
people everyone seems to

330  
00:11:08,470 --> 00:11:05,920  
get their needs provided for yeah

331  
00:11:09,910 --> 00:11:08,480  
so you know what happens is it becomes

332  
00:11:12,150 --> 00:11:09,920  
competitive gifting

333  
00:11:13,350 --> 00:11:12,160  
so by the end of the week you're like no

334  
00:11:15,990 --> 00:11:13,360  
more don't

335  
00:11:17,190 --> 00:11:16,000  
give me anything like i have to take

336  
00:11:20,230 --> 00:11:17,200  
this crap home

337  
00:11:21,670 --> 00:11:20,240  
you know yeah that's kind of funny but

338  
00:11:23,670 --> 00:11:21,680

while you're in the city

339

00:11:25,110 --> 00:11:23,680

what it feels like the experiential

340

00:11:27,590 --> 00:11:25,120

level is

341

00:11:28,630 --> 00:11:27,600

you have to get used to that every camp

342

00:11:31,269 --> 00:11:28,640

everything you see

343

00:11:31,829 --> 00:11:31,279

is for you it's meant for you to enter

344

00:11:34,949 --> 00:11:31,839

to go

345

00:11:37,350 --> 00:11:34,959

in to touch to take what you need

346

00:11:39,350 --> 00:11:37,360

like that can be really disorienting at

347

00:11:41,430 --> 00:11:39,360

first

348

00:11:42,949 --> 00:11:41,440

yeah i can imagine but it sounds so cool

349

00:11:45,509 --> 00:11:42,959

i definitely want to try it out

350

00:11:46,630 --> 00:11:45,519

in your book what seems to be a pretty

351

00:11:49,829 --> 00:11:46,640

big turning point

352

00:11:52,150 --> 00:11:49,839

is you made the pledge to stop

353

00:11:55,110 --> 00:11:52,160

making decisions based on money i mean

354

00:11:57,430 --> 00:11:55,120

how radical a change was that

355

00:11:59,269 --> 00:11:57,440

that was like the key moment really i

356

00:12:00,710 --> 00:11:59,279

mean i well actually i got back from

357

00:12:03,670 --> 00:12:00,720

burning man

358

00:12:04,550 --> 00:12:03,680

in 2002 i think it was my second year

359

00:12:07,590 --> 00:12:04,560

there

360

00:12:10,150 --> 00:12:07,600

and i literally drove across country and

361

00:12:12,949 --> 00:12:10,160

i just pulled into new york city and

362

00:12:14,230 --> 00:12:12,959

five hours later the world trade center

363

00:12:17,190 --> 00:12:14,240

dropped

364

00:12:17,910 --> 00:12:17,200

and i'm like still covered in playa dust

365

00:12:19,910 --> 00:12:17,920

you know

366

00:12:21,750 --> 00:12:19,920

this like dust that you pick up all over

367

00:12:23,670 --> 00:12:21,760

yourself from being a burning man

368

00:12:25,430 --> 00:12:23,680

and i look in manhattan and everybody

369

00:12:26,790 --> 00:12:25,440

else is covered in dust now but a

370

00:12:29,910 --> 00:12:26,800

different dust

371

00:12:31,190 --> 00:12:29,920

and it was it was totally cryptic and i

372

00:12:33,670 --> 00:12:31,200

knew at that moment

373

00:12:35,190 --> 00:12:33,680

that this was like the symbol you know

374

00:12:37,110 --> 00:12:35,200

there's not one minute more i'm going to

375

00:12:39,030 --> 00:12:37,120

make a decision based on money because

376

00:12:41,750 --> 00:12:39,040

it's stupid

377

00:12:42,389 --> 00:12:41,760

so um i didn't know what that would mean

378

00:12:45,190 --> 00:12:42,399

you know

379

00:12:46,790 --> 00:12:45,200

but um i just let that be like a mantra

380

00:12:48,150 --> 00:12:46,800

like what does it mean to not base

381

00:12:49,910 --> 00:12:48,160

myself on money

382

00:12:51,990 --> 00:12:49,920

and it led to a lot of weird stuff you

383

00:12:56,790 --> 00:12:52,000

know i quit a great career

384

00:12:58,230 --> 00:12:56,800

and i moved to new mexico

385

00:13:00,069 --> 00:12:58,240

tell me a little bit more about that

386

00:13:00,550 --> 00:13:00,079

actual journey the journey to new mexico

387

00:13:01,509 --> 00:13:00,560

i mean

388

00:13:03,509 --> 00:13:01,519

i'm sure there were some big

389

00:13:05,590 --> 00:13:03,519

self-realizations involved with that

390

00:13:07,829 --> 00:13:05,600

some logistical problems you had to sort

391

00:13:10,069 --> 00:13:07,839

through

392

00:13:12,310 --> 00:13:10,079

um you know it's kind of easier than

393

00:13:13,990 --> 00:13:12,320

you'd think i think the harder thing

394

00:13:16,310 --> 00:13:14,000

really like the harder thing is to go

395

00:13:18,069 --> 00:13:16,320

from rural america into a city

396

00:13:20,150 --> 00:13:18,079

because you just have to like up cycle

397

00:13:22,550 --> 00:13:20,160

your nervous system and just start

398

00:13:24,629 --> 00:13:22,560

adapting um but when you go the other

399

00:13:27,190 --> 00:13:24,639

way it's i think a lot easier

400

00:13:28,790 --> 00:13:27,200

you're going from needing a ton of money

401  
00:13:30,870 --> 00:13:28,800  
to needing very little

402  
00:13:32,949 --> 00:13:30,880  
you're going from having no time to

403  
00:13:35,670 --> 00:13:32,959  
having nothing but time

404  
00:13:37,030 --> 00:13:35,680  
um you know life opens up and spreads

405  
00:13:38,949 --> 00:13:37,040  
out and it becomes

406  
00:13:40,310 --> 00:13:38,959  
spacious and you have time to like

407  
00:13:42,949 --> 00:13:40,320  
gather your thoughts

408  
00:13:44,150 --> 00:13:42,959  
and figure out what you really want and

409  
00:13:46,870 --> 00:13:44,160  
just do whatever

410  
00:13:47,189 --> 00:13:46,880  
your heart has a whim for and that's you

411  
00:13:50,550 --> 00:13:47,199  
know

412  
00:13:52,710 --> 00:13:50,560  
we did that but we applied it to living

413  
00:13:54,629 --> 00:13:52,720

so you know we went to new mexico and

414

00:13:55,590 --> 00:13:54,639

said okay i'm not going to buy it i got

415

00:13:57,590 --> 00:13:55,600

to make it

416

00:13:59,430 --> 00:13:57,600

let's start with shelter roof over our

417

00:14:01,910 --> 00:13:59,440

head then we went to power

418

00:14:03,430 --> 00:14:01,920

then to fuel and eventually down to

419

00:14:06,629 --> 00:14:03,440

domestic goods

420

00:14:07,430 --> 00:14:06,639

um so really i think the the difficulty

421

00:14:09,509 --> 00:14:07,440

of the move

422

00:14:10,949 --> 00:14:09,519

is just making it just doing it we

423

00:14:13,430 --> 00:14:10,959

didn't overthink it

424

00:14:15,430 --> 00:14:13,440

and then believing that you're actually

425

00:14:16,870 --> 00:14:15,440

capable of making all this stuff which

426

00:14:18,470 --> 00:14:16,880

you are

427

00:14:20,310 --> 00:14:18,480

that's a big thing for me just coming

428

00:14:21,750 --> 00:14:20,320

off this high school reunion and most of

429

00:14:23,430 --> 00:14:21,760

my friends have kids which you know

430

00:14:25,110 --> 00:14:23,440

that's its own thing but they most most

431

00:14:27,030 --> 00:14:25,120

of them have houses and i'm living here

432

00:14:27,670 --> 00:14:27,040

in san diego and i'm like man houses

433

00:14:29,670 --> 00:14:27,680

here

434

00:14:31,189 --> 00:14:29,680

are a million dollars percent is a

435

00:14:33,430 --> 00:14:31,199

hundred thousand dollars

436

00:14:35,829 --> 00:14:33,440

um i don't see myself having that

437

00:14:39,430 --> 00:14:35,839

sitting in the bank anytime soon so

438

00:14:40,230 --> 00:14:39,440

i've thought about um you know shortcuts

439

00:14:42,069 --> 00:14:40,240

to get ahead

440

00:14:43,269 --> 00:14:42,079

or you know making a shelter maybe

441

00:14:46,629 --> 00:14:43,279

buying land and

442

00:14:49,590 --> 00:14:46,639

and building a house this paper crete

443

00:14:51,269 --> 00:14:49,600

was uh pretty interesting i mean is this

444

00:14:52,150 --> 00:14:51,279

are there techniques for building that

445

00:14:53,829 --> 00:14:52,160

you think

446

00:14:56,069 --> 00:14:53,839

people could utilize if they knew more

447

00:14:58,710 --> 00:14:56,079

about them

448

00:15:00,949 --> 00:14:58,720

uh you know definitely so you know there

449

00:15:03,269 --> 00:15:00,959

what you're describing greg is like the

450

00:15:04,790 --> 00:15:03,279

common problem it's like okay

451  
00:15:06,710 --> 00:15:04,800  
i'm either gonna have like a million

452  
00:15:09,269 --> 00:15:06,720  
dollar mortgage in a

453  
00:15:10,629 --> 00:15:09,279  
densely populated area or i'm gonna live

454  
00:15:13,110 --> 00:15:10,639  
in like a rural area

455  
00:15:14,790 --> 00:15:13,120  
and and potentially i think people worry

456  
00:15:18,069 --> 00:15:14,800  
miss out on culture

457  
00:15:20,710 --> 00:15:18,079  
and um live cheaply so just

458  
00:15:22,550 --> 00:15:20,720  
starting with that for a minute um my

459  
00:15:26,150 --> 00:15:22,560  
rent in new york city when i left was

460  
00:15:29,829 --> 00:15:26,160  
3 300 a month for my apartment

461  
00:15:32,949 --> 00:15:29,839  
and my home today in new mexico

462  
00:15:35,110 --> 00:15:32,959  
my taxes a year are three hundred

463  
00:15:37,189 --> 00:15:35,120

dollars

464

00:15:39,590 --> 00:15:37,199

so the first thing i just want to point

465

00:15:40,629 --> 00:15:39,600

out is do you know how easy it is to

466

00:15:43,749 --> 00:15:40,639

make that

467

00:15:46,389 --> 00:15:43,759

and like all the rest is free time

468

00:15:47,350 --> 00:15:46,399

so that's the equation you have to

469

00:15:50,389 --> 00:15:47,360

choose

470

00:15:53,110 --> 00:15:50,399

um so out here you know again

471

00:15:54,310 --> 00:15:53,120

not wanting to live based on money to me

472

00:15:56,069 --> 00:15:54,320

it seemed logical

473

00:15:58,629 --> 00:15:56,079

to look to the waste stream we're

474

00:16:00,949 --> 00:15:58,639

sitting on a pile of surplus that is the

475

00:16:03,269 --> 00:16:00,959

largest in the history of the world

476

00:16:05,350 --> 00:16:03,279

there's more free materials out there

477

00:16:07,990 --> 00:16:05,360

than you could possibly imagine

478

00:16:09,829 --> 00:16:08,000

so for me i found paper we had a

479

00:16:11,749 --> 00:16:09,839

recycling center down the street

480

00:16:13,829 --> 00:16:11,759

they collected paper but they pushed it

481

00:16:16,790 --> 00:16:13,839

to new mexico's landfill

482

00:16:17,430 --> 00:16:16,800

so i was able to get it for free build a

483

00:16:20,389 --> 00:16:17,440

mixer

484

00:16:22,389 --> 00:16:20,399

turn it back into a slurry add some

485

00:16:25,829 --> 00:16:22,399

ingredients like a little cement

486

00:16:26,470 --> 00:16:25,839

and actually build domes that are

487

00:16:30,310 --> 00:16:26,480

housing

488

00:16:33,990 --> 00:16:30,320

and buildings out of paper and it was um

489

00:16:37,030 --> 00:16:34,000

i was able to build a 20 foot diameter

490

00:16:39,110 --> 00:16:37,040

14 foot apex dome uh

491

00:16:40,790 --> 00:16:39,120

for under two thousand dollars and

492

00:16:42,949 --> 00:16:40,800

that's a lot of square footage

493

00:16:45,189 --> 00:16:42,959

plus it's so insulative you don't really

494

00:16:47,910 --> 00:16:45,199

need heating or cooling

495

00:16:49,670 --> 00:16:47,920

wow yeah that sounds fascinating to me i

496

00:16:51,590 --> 00:16:49,680

i love the idea of that um

497

00:16:53,509 --> 00:16:51,600

but you said something interesting about

498

00:16:55,189 --> 00:16:53,519

you know missing out on culture and that

499

00:16:56,790 --> 00:16:55,199

is a concern to me i mean have you felt

500

00:16:58,230 --> 00:16:56,800

marginalized at all by friends and

501  
00:16:59,509 --> 00:16:58,240  
family when you started making this

502  
00:17:02,389 --> 00:16:59,519  
transition do you feel like you're

503  
00:17:05,590 --> 00:17:02,399  
missing out at all

504  
00:17:08,150 --> 00:17:05,600  
i do sometimes you know um i was just in

505  
00:17:10,949 --> 00:17:08,160  
new york city and i'm a new yorker and

506  
00:17:13,350 --> 00:17:10,959  
the grandeur of the old buildings and

507  
00:17:15,669 --> 00:17:13,360  
like the amazing venues with these

508  
00:17:16,789 --> 00:17:15,679  
amazing light and sound systems you know

509  
00:17:18,710 --> 00:17:16,799  
i'm i really

510  
00:17:20,549 --> 00:17:18,720  
love being impressed by that you know

511  
00:17:21,669 --> 00:17:20,559  
and i took advantage of that stuff and i

512  
00:17:24,949 --> 00:17:21,679  
still love it

513  
00:17:25,429 --> 00:17:24,959

um the difference now is my rhythm

514

00:17:27,909 --> 00:17:25,439

change

515

00:17:29,430 --> 00:17:27,919

so here is where i live this is my base

516

00:17:31,510 --> 00:17:29,440

it's very very cheap

517

00:17:32,470 --> 00:17:31,520

i never need a job here i just do what i

518

00:17:35,669 --> 00:17:32,480

want

519

00:17:36,950 --> 00:17:35,679

then because i live so cheaply i do

520

00:17:37,990 --> 00:17:36,960

something that's like reverse

521

00:17:40,390 --> 00:17:38,000

vacationing

522

00:17:41,110 --> 00:17:40,400

so most people run from the cities to go

523

00:17:43,430 --> 00:17:41,120

vacation

524

00:17:46,470 --> 00:17:43,440

in the country i live in the country and

525

00:17:49,669 --> 00:17:46,480

my vacation is to go to the city um

526

00:17:52,230 --> 00:17:49,679

i save enough money by my lifestyle

527

00:17:54,150 --> 00:17:52,240

that i can afford to go to paris for a

528

00:17:56,310 --> 00:17:54,160

month and like get a great apartment for

529

00:17:57,990 --> 00:17:56,320

a few thousand bucks and just be like

530

00:18:00,150 --> 00:17:58,000

here i am i'm gonna feel better now you

531

00:18:03,270 --> 00:18:00,160

know so i do it that way

532

00:18:05,110 --> 00:18:03,280

and i find it to be fine um

533

00:18:06,630 --> 00:18:05,120

and then the other thing is like when

534

00:18:08,789 --> 00:18:06,640

you live in a place that's sparsely

535

00:18:10,310 --> 00:18:08,799

populated doesn't have a lot of culture

536

00:18:12,310 --> 00:18:10,320

it's kind of like your obligation to

537

00:18:15,909 --> 00:18:12,320

bring it so i produce

538

00:18:17,750 --> 00:18:15,919

events i bring musicians down

539

00:18:19,110 --> 00:18:17,760

you know and i do what i can to bring it

540

00:18:21,669 --> 00:18:19,120

here

541

00:18:23,270 --> 00:18:21,679

yeah that's super cool you know i think

542

00:18:25,110 --> 00:18:23,280

a lot of people would love to get away

543

00:18:26,549 --> 00:18:25,120

from their jobs and reclaim some of that

544

00:18:28,150 --> 00:18:26,559

freedom you're talking about but

545

00:18:29,990 --> 00:18:28,160

they just assumed the sacrifice and

546

00:18:32,390 --> 00:18:30,000

lifestyle would be too great you know

547

00:18:33,590 --> 00:18:32,400

energy running water internet i mean

548

00:18:34,549 --> 00:18:33,600

obviously you have internet we're

549

00:18:36,150 --> 00:18:34,559

talking right now

550

00:18:39,190 --> 00:18:36,160

that have there been any sacrifices that

551  
00:18:42,390 --> 00:18:39,200  
have been really hard on you

552  
00:18:44,150 --> 00:18:42,400  
um let's see well i mean just speaking

553  
00:18:46,470 --> 00:18:44,160  
of technology for a minute

554  
00:18:47,830 --> 00:18:46,480  
i think it's reasonable to point out

555  
00:18:49,909 --> 00:18:47,840  
this is really different than the

556  
00:18:53,110 --> 00:18:49,919  
previous back to the land movement

557  
00:18:55,510 --> 00:18:53,120  
i'm like very technology heavy

558  
00:18:57,190 --> 00:18:55,520  
i have you know a facebook account and a

559  
00:18:59,830 --> 00:18:57,200  
twitter and a

560  
00:19:00,630 --> 00:18:59,840  
flickr account and multiple websites i

561  
00:19:03,909 --> 00:19:00,640  
have an online

562  
00:19:05,830 --> 00:19:03,919  
store um i couldn't do this without

563  
00:19:07,510 --> 00:19:05,840

technology and most of what i figured

564

00:19:08,830 --> 00:19:07,520

out how to make came from a youtube

565

00:19:11,270 --> 00:19:08,840

tutorial

566

00:19:12,630 --> 00:19:11,280

so you know that's really really

567

00:19:16,070 --> 00:19:12,640

relevant and different

568

00:19:18,870 --> 00:19:16,080

from people who did this in the 60s um

569

00:19:19,190 --> 00:19:18,880

but as far as stuff that i missed that

570

00:19:22,230 --> 00:19:19,200

just

571

00:19:23,590 --> 00:19:22,240

really hurts funny enough i think the

572

00:19:25,190 --> 00:19:23,600

thing that um

573

00:19:26,789 --> 00:19:25,200

i miss most is a little bit of

574

00:19:29,669 --> 00:19:26,799

competition uh

575

00:19:31,270 --> 00:19:29,679

creative competition yeah so like you

576

00:19:33,190 --> 00:19:31,280

know if you're in new york san francisco

577

00:19:34,950 --> 00:19:33,200

maybe you have it in san diego

578

00:19:37,029 --> 00:19:34,960

there's like always been like an

579

00:19:39,510 --> 00:19:37,039

underworld of art people

580

00:19:40,150 --> 00:19:39,520

who are creatively competing with each

581

00:19:42,390 --> 00:19:40,160

other

582

00:19:43,430 --> 00:19:42,400

and everyone's getting bigger smarter

583

00:19:47,029 --> 00:19:43,440

better and

584

00:19:47,669 --> 00:19:47,039

i miss that edge yeah that's interesting

585

00:19:50,710 --> 00:19:47,679

they say

586

00:19:53,029 --> 00:19:50,720

capitalism but i always

587

00:19:55,750 --> 00:19:53,039

have thought you know i like being

588

00:19:58,310 --> 00:19:55,760

somewhat entrepreneurial i enjoy

589

00:20:00,470 --> 00:19:58,320

looking at it as a game not necessarily

590

00:20:00,789 --> 00:20:00,480

a means of survival and so if needs were

591

00:20:02,789 --> 00:20:00,799

met

592

00:20:04,630 --> 00:20:02,799

i still think a great deal of people

593

00:20:05,510 --> 00:20:04,640

would participate in that our egos would

594

00:20:06,950 --> 00:20:05,520

facilitate

595

00:20:08,470 --> 00:20:06,960

you know who wants to work on the new

596

00:20:10,470 --> 00:20:08,480

smartphone that everyone wants whether

597

00:20:12,630 --> 00:20:10,480

it was given away or charged for

598

00:20:14,549 --> 00:20:12,640

i do think that competition would still

599

00:20:16,230 --> 00:20:14,559

exist on a greater scale but

600

00:20:18,950 --> 00:20:16,240

um you know obviously yeah it's going to

601  
00:20:22,470 --> 00:20:18,960  
be less important when you don't need

602  
00:20:24,549 --> 00:20:22,480  
to do that i think you're right i think

603  
00:20:26,390 --> 00:20:24,559  
about that too greg

604  
00:20:28,789 --> 00:20:26,400  
you know a lot of people when you talk

605  
00:20:29,430 --> 00:20:28,799  
about that like we don't need a monetary

606  
00:20:31,990 --> 00:20:29,440  
system

607  
00:20:32,830 --> 00:20:32,000  
they get really panicky and um and get

608  
00:20:35,430 --> 00:20:32,840  
nervous

609  
00:20:37,110 --> 00:20:35,440  
and one of the things i hear a lot

610  
00:20:39,909 --> 00:20:37,120  
because i do talk about it

611  
00:20:41,830 --> 00:20:39,919  
is um what about the people who are lazy

612  
00:20:44,950 --> 00:20:41,840  
and don't contribute

613  
00:20:46,870 --> 00:20:44,960

and i think that's really silly like if

614

00:20:48,549 --> 00:20:46,880

you could imagine like a world without

615

00:20:49,029 --> 00:20:48,559

money where everyone does just what they

616

00:20:50,950 --> 00:20:49,039

want

617

00:20:52,390 --> 00:20:50,960

trust themselves to do whatever they

618

00:20:53,830 --> 00:20:52,400

want and believe

619

00:20:56,070 --> 00:20:53,840

that that's going to be the best thing

620

00:20:57,830 --> 00:20:56,080

they can do for society

621

00:20:59,350 --> 00:20:57,840

wouldn't it be like the saddest thing in

622

00:21:00,870 --> 00:20:59,360

the world to have someone who doesn't

623

00:21:03,990 --> 00:21:00,880

know what to do

624

00:21:06,230 --> 00:21:04,000

like they would you would like stop

625

00:21:07,990 --> 00:21:06,240

and just try to help them figure it out

626  
00:21:09,430 --> 00:21:08,000  
because that person would be so

627  
00:21:11,830 --> 00:21:09,440  
impoverished

628  
00:21:12,789 --> 00:21:11,840  
so i don't think we'd be mad at the lazy

629  
00:21:15,270 --> 00:21:12,799  
i think we would

630  
00:21:16,549 --> 00:21:15,280  
that would be like sad and we'd want to

631  
00:21:18,870 --> 00:21:16,559  
help them

632  
00:21:20,549 --> 00:21:18,880  
i agree with you and sometimes when i'm

633  
00:21:21,750 --> 00:21:20,559  
trying to reach the conservative

634  
00:21:24,630 --> 00:21:21,760  
republican type

635  
00:21:25,029 --> 00:21:24,640  
who thinks that the biggest share of

636  
00:21:26,789 --> 00:21:25,039  
their

637  
00:21:28,549 --> 00:21:26,799  
taxes is going to welfare which is of

638  
00:21:30,070 --> 00:21:28,559

course not true but when i'm trying to

639

00:21:31,909 --> 00:21:30,080

reach that kind of person i say you know

640

00:21:33,510 --> 00:21:31,919

the best thing for your safety to

641

00:21:34,789 --> 00:21:33,520

protect what you want which is really

642

00:21:37,510 --> 00:21:34,799

what you're concerned with

643

00:21:38,310 --> 00:21:37,520

would be to give everyone a basis that

644

00:21:40,549 --> 00:21:38,320

is

645

00:21:42,230 --> 00:21:40,559

better than jail because when it's not

646

00:21:44,149 --> 00:21:42,240

they're going to come for your stuff

647

00:21:46,710 --> 00:21:44,159

you know i try to appeal to them in that

648

00:21:48,390 --> 00:21:46,720

way it's like help yourself by giving

649

00:21:49,590 --> 00:21:48,400

everybody a basic need that's better

650

00:21:50,789 --> 00:21:49,600

than going to prison because either

651  
00:21:51,430 --> 00:21:50,799  
they're going to get your money and get

652  
00:21:53,029 --> 00:21:51,440  
away

653  
00:21:55,830 --> 00:21:53,039  
or they're going to get a meal tonight

654  
00:21:57,669 --> 00:21:55,840  
and a bed to sleep in in jail

655  
00:21:58,950 --> 00:21:57,679  
you know i think you set a mouthful

656  
00:22:00,230 --> 00:21:58,960  
there like

657  
00:22:02,390 --> 00:22:00,240  
you know i don't know if it sounds like

658  
00:22:05,750 --> 00:22:02,400  
you've had the same thought like yeah

659  
00:22:08,630 --> 00:22:05,760  
crop crime is often

660  
00:22:10,149 --> 00:22:08,640  
a reasonable person making the smartest

661  
00:22:11,830 --> 00:22:10,159  
decision in the moment

662  
00:22:13,830 --> 00:22:11,840  
for their best interest and when they

663  
00:22:16,310 --> 00:22:13,840

have no other option

664

00:22:17,830 --> 00:22:16,320

that common sense decision is actually

665

00:22:20,630 --> 00:22:17,840

the smartest thing they can do

666

00:22:22,470 --> 00:22:20,640

it just doesn't affect you in a good way

667

00:22:24,149 --> 00:22:22,480

right

668

00:22:25,750 --> 00:22:24,159

exactly i mean one of the most powerful

669

00:22:27,750 --> 00:22:25,760

parts of your book to me

670

00:22:29,510 --> 00:22:27,760

is you know you found yourself in jail

671

00:22:31,110 --> 00:22:29,520

for doing some protesting

672

00:22:33,190 --> 00:22:31,120

and you said to an african-american

673

00:22:35,270 --> 00:22:33,200

guard do you realize your civil rights

674

00:22:36,870 --> 00:22:35,280

were won by people willing to protest

675

00:22:38,630 --> 00:22:36,880

and fight for him and he just says

676

00:22:41,669 --> 00:22:38,640

well in a few more years i'll get my

677

00:22:43,750 --> 00:22:41,679

pension and that is such a great example

678

00:22:45,350 --> 00:22:43,760

of a massive disconnect from what's

679

00:22:48,149 --> 00:22:45,360

important

680

00:22:49,990 --> 00:22:48,159

it's crazy i know i mean again you know

681

00:22:51,669 --> 00:22:50,000

people don't like to hear this but

682

00:22:53,270 --> 00:22:51,679

whether they know it or not i see the

683

00:22:54,230 --> 00:22:53,280

same thing coming from the previous

684

00:22:57,029 --> 00:22:54,240

generations

685

00:22:58,789 --> 00:22:57,039

who basically were probably the only

686

00:23:01,190 --> 00:22:58,799

generations who are going to get these

687

00:23:03,909 --> 00:23:01,200

pensions and all these payoffs

688

00:23:04,870 --> 00:23:03,919

basically for giving the world over to

689

00:23:07,669 --> 00:23:04,880

industry

690

00:23:09,270 --> 00:23:07,679

and not bitching about it so they they

691

00:23:10,870 --> 00:23:09,280

get their payoff right but the

692

00:23:13,909 --> 00:23:10,880

generations behind them

693

00:23:15,669 --> 00:23:13,919

me we're totally screwed because the

694

00:23:17,430 --> 00:23:15,679

world's been given away they don't need

695

00:23:20,070 --> 00:23:17,440

to give us a bonus anymore

696

00:23:21,350 --> 00:23:20,080

we just are stuck in what's left so you

697

00:23:24,549 --> 00:23:21,360

know my dad who's

698

00:23:26,870 --> 00:23:24,559

85 can get a hip replacement for free

699

00:23:29,110 --> 00:23:26,880

because he had that pension but up in my

700

00:23:31,270 --> 00:23:29,120

40s and i can't get a pap smear

701  
00:23:32,789 --> 00:23:31,280  
i'm going to be here for a while you

702  
00:23:35,430 --> 00:23:32,799  
know yeah

703  
00:23:36,870 --> 00:23:35,440  
so and that's if these corporations and

704  
00:23:38,549 --> 00:23:36,880  
and stuff even honor

705  
00:23:40,789 --> 00:23:38,559  
the pensions and honor the things that

706  
00:23:43,269 --> 00:23:40,799  
they're supposed to be given

707  
00:23:45,029 --> 00:23:43,279  
indeed my dad was so locked solid that

708  
00:23:47,190 --> 00:23:45,039  
his pension could never be touched and

709  
00:23:51,269 --> 00:23:47,200  
then a few years later just recently

710  
00:23:52,950 --> 00:23:51,279  
we're seeing the pensions disappear so

711  
00:23:54,789 --> 00:23:52,960  
yeah and again you know i think this

712  
00:23:55,830 --> 00:23:54,799  
takes us right to that black and white

713  
00:23:57,909 --> 00:23:55,840

moment of

714

00:23:59,990 --> 00:23:57,919

you've either got civilization or you've

715

00:24:01,110 --> 00:24:00,000

got nature those are the only two worlds

716

00:24:03,990 --> 00:24:01,120

we have

717

00:24:05,510 --> 00:24:04,000

and one of them is actually abundant and

718

00:24:08,630 --> 00:24:05,520

can take care of you and the

719

00:24:11,669 --> 00:24:08,640

other can't you know it just puts you in

720

00:24:13,909 --> 00:24:11,679

this weird game that you'll never win

721

00:24:14,950 --> 00:24:13,919

man you mentioned the technology aspect

722

00:24:17,269 --> 00:24:14,960

and that was a

723

00:24:18,789 --> 00:24:17,279

real reason why i chose you to talk

724

00:24:19,909 --> 00:24:18,799

about this kind of stuff because i have

725

00:24:22,630 --> 00:24:19,919

friends who've tried to go

726

00:24:24,070 --> 00:24:22,640

to off-grid communities and they just

727

00:24:26,070 --> 00:24:24,080

left kind of with their tails between

728

00:24:28,470 --> 00:24:26,080

their legs like i can't live like that

729

00:24:29,830 --> 00:24:28,480

i want a blending of the two somewhat

730

00:24:31,190 --> 00:24:29,840

and you know i thought

731

00:24:32,870 --> 00:24:31,200

hearing your interviews it sounds like

732

00:24:33,669 --> 00:24:32,880

that's what you do you know you and your

733

00:24:36,390 --> 00:24:33,679

partner

734

00:24:38,230 --> 00:24:36,400

are pretty tech savvy like you said how

735

00:24:40,230 --> 00:24:38,240

are you able to

736

00:24:41,669 --> 00:24:40,240

keep your energy going i mean energy's

737

00:24:43,350 --> 00:24:41,679

got to be a huge thing i mean

738

00:24:46,390 --> 00:24:43,360

especially if you want to have some of

739

00:24:49,269 --> 00:24:46,400

those luxuries that we're used to

740

00:24:51,029 --> 00:24:49,279

uh yeah so we're off grid um you know

741

00:24:52,549 --> 00:24:51,039

when we left new york we had a little

742

00:24:53,510 --> 00:24:52,559

bit of a nest egg and we pretty much

743

00:24:56,870 --> 00:24:53,520

threw the whole thing

744

00:24:59,029 --> 00:24:56,880

at um pv solar so we're off grid and we

745

00:25:02,390 --> 00:24:59,039

keep a bank of batteries here

746

00:25:04,149 --> 00:25:02,400

um and basically you know we just

747

00:25:07,110 --> 00:25:04,159

started switching because of it

748

00:25:08,870 --> 00:25:07,120

from like two cycle gas engines to

749

00:25:09,590 --> 00:25:08,880

things that run on batteries we became

750

00:25:12,390 --> 00:25:09,600

very

751  
00:25:13,430 --> 00:25:12,400  
battery oriented and of course because

752  
00:25:16,470 --> 00:25:13,440  
we're trying also

753  
00:25:18,789 --> 00:25:16,480  
not to be any longer part of the problem

754  
00:25:19,510 --> 00:25:18,799  
we realize batteries are probably one of

755  
00:25:21,830 --> 00:25:19,520  
the worst

756  
00:25:23,269 --> 00:25:21,840  
toxic contributions to the landfill so

757  
00:25:26,549 --> 00:25:23,279  
we tried to

758  
00:25:28,310 --> 00:25:26,559  
satisfy that some way by creating a

759  
00:25:30,230 --> 00:25:28,320  
circuit board and a device that

760  
00:25:32,950 --> 00:25:30,240  
desulfates batteries

761  
00:25:33,669 --> 00:25:32,960  
so um we're on our second model now

762  
00:25:35,190 --> 00:25:33,679  
actually

763  
00:25:37,350 --> 00:25:35,200

and it's a little device that you can

764

00:25:39,190 --> 00:25:37,360

hook up to any type of battery

765

00:25:40,950 --> 00:25:39,200

uh multiple at a time and you can just

766

00:25:42,070 --> 00:25:40,960

take batteries out of the trash out of

767

00:25:45,190 --> 00:25:42,080

the dumpsters

768

00:25:46,549 --> 00:25:45,200

and revivify them and that sort of

769

00:25:49,029 --> 00:25:46,559

solved that loop and

770

00:25:51,990 --> 00:25:49,039

it's a great example of using technology

771

00:25:53,750 --> 00:25:52,000

to live a modern homesteading life

772

00:25:55,830 --> 00:25:53,760

that's probably the hardest thing for me

773

00:25:57,750 --> 00:25:55,840

like i'm trying to slowly

774

00:25:59,590 --> 00:25:57,760

eliminate some builds you know eliminate

775

00:26:01,029 --> 00:25:59,600

cable as long as i have internet

776

00:26:02,950 --> 00:26:01,039

you can't really do anything about

777

00:26:04,470 --> 00:26:02,960

electricity or fuel costs unless you're

778

00:26:06,149 --> 00:26:04,480

really willing to commit to that

779

00:26:07,990 --> 00:26:06,159

alternative lifestyle but

780

00:26:10,230 --> 00:26:08,000

turning everything over to batteries is

781

00:26:12,230 --> 00:26:10,240

that what kind of difficulties did you

782

00:26:15,430 --> 00:26:12,240

face now was there a huge learning curve

783

00:26:16,950 --> 00:26:15,440

in figuring all that stuff out

784

00:26:19,029 --> 00:26:16,960

well you know again when you have

785

00:26:21,190 --> 00:26:19,039

nothing but time

786

00:26:22,870 --> 00:26:21,200

it just becomes like interest you know

787

00:26:24,549 --> 00:26:22,880

like okay great i'm learning about

788

00:26:26,310 --> 00:26:24,559

electricity i'm learning about power and

789

00:26:28,950 --> 00:26:26,320

this is super interesting

790

00:26:29,590 --> 00:26:28,960

and it wasn't a big learning curve um

791

00:26:31,909 --> 00:26:29,600

solar

792

00:26:32,630 --> 00:26:31,919

is very simple and really once it's set

793

00:26:34,870 --> 00:26:32,640

up

794

00:26:37,269 --> 00:26:34,880

there's pretty much no maintenance other

795

00:26:38,149 --> 00:26:37,279

than refilling batteries with distilled

796

00:26:41,830 --> 00:26:38,159

water

797

00:26:43,750 --> 00:26:41,840

so um it's a really easy jump and

798

00:26:45,990 --> 00:26:43,760

and and you're right when you mention

799

00:26:47,430 --> 00:26:46,000

like electric and fuel that would be the

800

00:26:49,669 --> 00:26:47,440

second biggie

801  
00:26:51,029 --> 00:26:49,679  
um you need time and you have to choose

802  
00:26:51,590 --> 00:26:51,039  
so you're either going to buy it at the

803  
00:26:53,750 --> 00:26:51,600  
pump

804  
00:26:55,750 --> 00:26:53,760  
or you're going to make it and if you

805  
00:26:58,149 --> 00:26:55,760  
make it you need time

806  
00:26:59,510 --> 00:26:58,159  
the biodiesel that we produce here for

807  
00:27:01,350 --> 00:26:59,520  
our cars which are

808  
00:27:02,630 --> 00:27:01,360  
just diesel engine cars that we didn't

809  
00:27:05,110 --> 00:27:02,640  
convert

810  
00:27:05,669 --> 00:27:05,120  
cost us about 50 cents a gallon to make

811  
00:27:08,950 --> 00:27:05,679  
it's from

812  
00:27:11,909 --> 00:27:08,960  
waste vegetable oil so local restaurants

813  
00:27:13,350 --> 00:27:11,919

and it takes about three to five hours a

814

00:27:16,390 --> 00:27:13,360

week

815

00:27:18,389 --> 00:27:16,400

which isn't that's not bad no

816

00:27:20,230 --> 00:27:18,399

i've seen uh youtube videos and stuff

817

00:27:20,710 --> 00:27:20,240

about converting your vehicle and i've

818

00:27:22,149 --> 00:27:20,720

just

819

00:27:23,909 --> 00:27:22,159

i've kind of wondered about their

820

00:27:25,990 --> 00:27:23,919

credibility if it really was that easy

821

00:27:28,070 --> 00:27:26,000

it's something i've thought about doing

822

00:27:30,149 --> 00:27:28,080

well i would recommend not converting so

823

00:27:31,669 --> 00:27:30,159

i've done both i converted an old

824

00:27:33,669 --> 00:27:31,679

mercedes diesel

825

00:27:35,830 --> 00:27:33,679

so i can run straight waste vegetable

826

00:27:38,389 --> 00:27:35,840

oil i found a problematic

827

00:27:39,750 --> 00:27:38,399

there's a lot of clogs in the lines and

828

00:27:42,070 --> 00:27:39,760

you're always troubleshooting and a

829

00:27:43,269 --> 00:27:42,080

million filter changes because that fuel

830

00:27:46,870 --> 00:27:43,279

is so heavy

831

00:27:49,269 --> 00:27:46,880

but i found it easier to make biodiesel

832

00:27:50,870 --> 00:27:49,279

and not convert the car and run it

833

00:27:52,710 --> 00:27:50,880

straight into your diesel

834

00:27:55,029 --> 00:27:52,720

so the only difference there is when you

835

00:27:56,149 --> 00:27:55,039

get waste vegetable oil you add methanol

836

00:27:58,149 --> 00:27:56,159

and lye

837

00:27:59,510 --> 00:27:58,159

and you clean it yourself and it's it's

838

00:28:01,430 --> 00:27:59,520

something you do in a five gallon

839

00:28:02,630 --> 00:28:01,440

plastic tote it's not like a big deal

840

00:28:06,230 --> 00:28:02,640

you don't need like a

841

00:28:09,269 --> 00:28:06,240

manufacturing setup right on

842

00:28:10,870 --> 00:28:09,279

yeah well it's worth it it sounds like

843

00:28:12,549 --> 00:28:10,880

it would be i mean another thing i think

844

00:28:14,149 --> 00:28:12,559

that scares people is if you're going to

845

00:28:14,549 --> 00:28:14,159

live without money you're not going to

846

00:28:16,549 --> 00:28:14,559

have

847

00:28:18,149 --> 00:28:16,559

medical benefits or there's a fear of

848

00:28:19,590 --> 00:28:18,159

not being able to get help if you're

849

00:28:20,870 --> 00:28:19,600

sick or injured i mean has that been a

850

00:28:23,669 --> 00:28:20,880

concern at times

851  
00:28:24,070 --> 00:28:23,679  
you were injured pretty early on right

852  
00:28:26,230 --> 00:28:24,080  
sure

853  
00:28:27,350 --> 00:28:26,240  
yeah that definitely is and it's a

854  
00:28:29,029 --> 00:28:27,360  
biggie um

855  
00:28:30,470 --> 00:28:29,039  
i'll tell you what we're doing and i

856  
00:28:32,310 --> 00:28:30,480  
think this is really

857  
00:28:34,630 --> 00:28:32,320  
about what stage of life you're in and

858  
00:28:36,789 --> 00:28:34,640  
how old you are and stuff like that but

859  
00:28:38,950 --> 00:28:36,799  
um so we were working well first of all

860  
00:28:42,310 --> 00:28:38,960  
i was never the kind of person

861  
00:28:44,230 --> 00:28:42,320  
who was buying into the medical system

862  
00:28:46,789 --> 00:28:44,240  
that we currently have

863  
00:28:48,310 --> 00:28:46,799

yeah yeah so i was never going to like

864

00:28:50,070 --> 00:28:48,320

let someone put me on a prescription

865

00:28:52,149 --> 00:28:50,080

might for the rest of my life or like do

866

00:28:53,990 --> 00:28:52,159

unnecessary surgeries i don't consider

867

00:28:57,510 --> 00:28:54,000

myself a billing cycle

868

00:28:59,430 --> 00:28:57,520

so um i was opting out anyway and kind

869

00:29:01,909 --> 00:28:59,440

of taking health into my own hands

870

00:29:03,909 --> 00:29:01,919

that being said um you know working with

871

00:29:05,669 --> 00:29:03,919

power tools building a homestead i was

872

00:29:07,990 --> 00:29:05,679

like well why don't i take my arm off i

873

00:29:10,789 --> 00:29:08,000

really want someone to put it back on

874

00:29:12,230 --> 00:29:10,799

so um so my partner mikey and i just

875

00:29:14,710 --> 00:29:12,240

carry catastrophic

876

00:29:15,909 --> 00:29:14,720

which is anything that costs more than

877

00:29:18,870 --> 00:29:15,919

five thousand dollars

878

00:29:19,350 --> 00:29:18,880

is covered and um and that's great

879

00:29:21,190 --> 00:29:19,360

because

880

00:29:23,510 --> 00:29:21,200

okay we'll pay five grand on something

881

00:29:26,149 --> 00:29:23,520

big but you know nothing big can ever

882

00:29:27,190 --> 00:29:26,159

destroy our lives and put us into debt

883

00:29:30,230 --> 00:29:27,200

so

884

00:29:33,029 --> 00:29:30,240

that costs us about 100 to 150 a month

885

00:29:35,190 --> 00:29:33,039

each and um and then you know the

886

00:29:37,909 --> 00:29:35,200

supplements we consider our healthcare

887

00:29:39,590 --> 00:29:37,919

our garden living in a place that has no

888

00:29:40,950 --> 00:29:39,600

industry and pollution

889

00:29:42,710 --> 00:29:40,960

you know we just try to really take care

890

00:29:45,029 --> 00:29:42,720

of ourselves

891

00:29:47,350 --> 00:29:45,039

a big part of the conspiracy community

892

00:29:48,710 --> 00:29:47,360

they fear economic collapse or a police

893

00:29:50,230 --> 00:29:48,720

state type crackdown

894

00:29:51,830 --> 00:29:50,240

and you know they see it as a real

895

00:29:53,510 --> 00:29:51,840

possibility but they're still marching

896

00:29:55,110 --> 00:29:53,520

along towards the cliff with everyone

897

00:29:56,710 --> 00:29:55,120

else and that's kind of where

898

00:29:58,389 --> 00:29:56,720

i look at things like this and i see

899

00:29:59,110 --> 00:29:58,399

what you're doing and i'm like man that

900

00:30:00,549 --> 00:29:59,120

is

901  
00:30:01,990 --> 00:30:00,559  
you know i need to do that before it's

902  
00:30:03,669 --> 00:30:02,000  
too late i mean do you feel like you've

903  
00:30:05,510 --> 00:30:03,679  
created a life that kind of operates

904  
00:30:07,029 --> 00:30:05,520  
outside of those concerns or at least

905  
00:30:09,590 --> 00:30:07,039  
that you're better prepared if something

906  
00:30:12,149 --> 00:30:09,600  
like that were to occur

907  
00:30:13,190 --> 00:30:12,159  
i like to think that a little bit i

908  
00:30:15,269 --> 00:30:13,200  
don't know that it's

909  
00:30:17,190 --> 00:30:15,279  
true i think we're all in this together

910  
00:30:20,310 --> 00:30:17,200  
no matter where you're at but

911  
00:30:22,070 --> 00:30:20,320  
um for example i'm like one of the only

912  
00:30:24,070 --> 00:30:22,080  
or i had been one of the only solar

913  
00:30:25,750 --> 00:30:24,080

systems in my area that's totally off

914

00:30:27,990 --> 00:30:25,760

grid not even connected

915

00:30:29,510 --> 00:30:28,000

to the city supply i'm on batteries so

916

00:30:31,830 --> 00:30:29,520

i'm totally independent

917

00:30:32,870 --> 00:30:31,840

and you know i thought to myself well if

918

00:30:35,510 --> 00:30:32,880

there was

919

00:30:37,350 --> 00:30:35,520

um a problem and the military was really

920

00:30:39,350 --> 00:30:37,360

moving in and blah blah blah

921

00:30:40,789 --> 00:30:39,360

the first compound they would take and

922

00:30:43,110 --> 00:30:40,799

make their own is mine

923

00:30:44,549 --> 00:30:43,120

because it's true they would take it in

924

00:30:46,710 --> 00:30:44,559

five minutes so

925

00:30:48,070 --> 00:30:46,720

you know what what what's the benefit i

926  
00:30:50,630 --> 00:30:48,080  
really have and

927  
00:30:52,149 --> 00:30:50,640  
it's knowledge like i built this thing i

928  
00:30:54,470 --> 00:30:52,159  
know how it works

929  
00:30:56,549 --> 00:30:54,480  
and that's what i get to take away with

930  
00:30:58,630 --> 00:30:56,559  
me and they can take it if they want it

931  
00:31:01,669 --> 00:30:58,640  
but the more valuable thing is what i

932  
00:31:03,029 --> 00:31:01,679  
have inside so i mean

933  
00:31:05,110 --> 00:31:03,039  
you know i'm a lot of people's

934  
00:31:06,630 --> 00:31:05,120  
apocalyptic plan friends and cities are

935  
00:31:07,750 --> 00:31:06,640  
like i'm going to your house when it

936  
00:31:10,950 --> 00:31:07,760  
hits the fan

937  
00:31:13,110 --> 00:31:10,960  
um i think what's more important is this

938  
00:31:15,350 --> 00:31:13,120

way of living

939

00:31:17,269 --> 00:31:15,360

it calms our nervous system to know we

940

00:31:19,990 --> 00:31:17,279

know how to take care of ourselves

941

00:31:20,870 --> 00:31:20,000

so your day-to-day quality of life is

942

00:31:23,509 --> 00:31:20,880

calm

943

00:31:24,230 --> 00:31:23,519

you're not in a panic what if what if

944

00:31:26,710 --> 00:31:24,240

and

945

00:31:28,149 --> 00:31:26,720

i guess to me that's the greater benefit

946

00:31:29,350 --> 00:31:28,159

who knows what's going to happen or how

947

00:31:31,509 --> 00:31:29,360

long it's going to take

948

00:31:33,190 --> 00:31:31,519

but if you feel good every day that that

949

00:31:35,909 --> 00:31:33,200

matters right and i think

950

00:31:37,350 --> 00:31:35,919

so many people don't uh a friend of mine

951  
00:31:40,149 --> 00:31:37,360  
said something i thought was

952  
00:31:41,590 --> 00:31:40,159  
pretty poetic and we were walking around

953  
00:31:42,950 --> 00:31:41,600  
just doing some people watching he's

954  
00:31:43,830 --> 00:31:42,960  
like you know the only people that are

955  
00:31:45,990 --> 00:31:43,840  
smiling are

956  
00:31:48,070 --> 00:31:46,000  
advertisements and i was like oh that's

957  
00:31:50,389 --> 00:31:48,080  
so sad

958  
00:31:51,590 --> 00:31:50,399  
but oh greg that's what i miss most

959  
00:31:54,870 --> 00:31:51,600  
people watching

960  
00:31:56,630 --> 00:31:54,880  
yeah it's gonna be fun uh it's a good

961  
00:31:59,110 --> 00:31:56,640  
a lot of cautionary tales out there of

962  
00:32:01,110 --> 00:31:59,120  
how not to how not to be but

963  
00:32:03,509 --> 00:32:01,120

um you know you went into this thing

964

00:32:05,029 --> 00:32:03,519

without a ton of handyman skills or

965

00:32:07,269 --> 00:32:05,039

a lot of building experience from what i

966

00:32:08,710 --> 00:32:07,279

understand i mean you've just developed

967

00:32:09,990 --> 00:32:08,720

these skills along the way right i mean

968

00:32:10,710 --> 00:32:10,000

what are some of the most impressive

969

00:32:14,070 --> 00:32:10,720

skills

970

00:32:16,470 --> 00:32:14,080

you've learned throughout this change

971

00:32:18,389 --> 00:32:16,480

yeah it's true when we left new york we

972

00:32:20,630 --> 00:32:18,399

had a soldering iron

973

00:32:22,950 --> 00:32:20,640

and uh we had a sewing machine that both

974

00:32:24,950 --> 00:32:22,960

of us could like barely use

975

00:32:26,310 --> 00:32:24,960

and um you know there's a cute little

976

00:32:28,070 --> 00:32:26,320

illustration in the book and

977

00:32:29,669 --> 00:32:28,080

i don't want to down play and it's

978

00:32:30,549 --> 00:32:29,679

really important but i think this the

979

00:32:32,310 --> 00:32:30,559

first step is

980

00:32:34,549 --> 00:32:32,320

you have to get used to just starting

981

00:32:36,310 --> 00:32:34,559

stuff even though you don't know how

982

00:32:38,470 --> 00:32:36,320

and that could be hard because you know

983

00:32:39,590 --> 00:32:38,480

in especially corporate world we're all

984

00:32:41,669 --> 00:32:39,600

sort of

985

00:32:43,830 --> 00:32:41,679

pumped toward this unreasonable

986

00:32:45,590 --> 00:32:43,840

expectation of perfection right

987

00:32:46,710 --> 00:32:45,600

so you just have to start and then

988

00:32:48,230 --> 00:32:46,720

you're going to break it you're going to

989

00:32:50,789 --> 00:32:48,240

get it wrong and you have to just

990

00:32:53,509 --> 00:32:50,799

accept that that's kind of messy and fun

991

00:32:55,669 --> 00:32:53,519

um but you know in new york i had like

992

00:32:57,269 --> 00:32:55,679

three or four skills i was in marketing

993

00:32:58,310 --> 00:32:57,279

i could tell you what i did in like a

994

00:33:02,230 --> 00:32:58,320

minute

995

00:33:03,909 --> 00:33:02,240

and now i have like so many skills

996

00:33:06,710 --> 00:33:03,919

i couldn't tell you about it if we sat

997

00:33:09,909 --> 00:33:06,720

at a fire all night

998

00:33:11,110 --> 00:33:09,919

but some of them are making botanical

999

00:33:14,230 --> 00:33:11,120

medicines

1000

00:33:16,870 --> 00:33:14,240

growing food and processing it

1001  
00:33:18,149 --> 00:33:16,880  
doing the home fabrication so mikey in

1002  
00:33:21,029 --> 00:33:18,159  
particular is printing

1003  
00:33:22,549 --> 00:33:21,039  
his own circuit boards and building

1004  
00:33:25,669 --> 00:33:22,559  
actual

1005  
00:33:28,630 --> 00:33:25,679  
widgets from start to finish um

1006  
00:33:31,430 --> 00:33:28,640  
we do a lot of filtering for biofuel for

1007  
00:33:33,110 --> 00:33:31,440  
water for beverages

1008  
00:33:34,950 --> 00:33:33,120  
i've done some building which includes

1009  
00:33:37,990 --> 00:33:34,960  
plumbing electric insulation

1010  
00:33:41,350 --> 00:33:38,000  
wood and metal work textile work sewing

1011  
00:33:45,190 --> 00:33:41,360  
silk screening um i know a lot about

1012  
00:33:48,070 --> 00:33:45,200  
batteries and power so

1013  
00:33:49,750 --> 00:33:48,080

yeah and you know uh i'm not great at

1014

00:33:52,070 --> 00:33:49,760

all those things you know but i'm like

1015

00:33:54,549 --> 00:33:52,080

good enough that i can have a life of my

1016

00:33:55,750 --> 00:33:54,559

own and not need help you know yeah

1017

00:33:57,509 --> 00:33:55,760

that's one of the most interesting

1018

00:33:58,389 --> 00:33:57,519

aspects to me is just developing those

1019

00:34:01,509 --> 00:33:58,399

skills and it's

1020

00:34:03,509 --> 00:34:01,519

hard to really imagine

1021

00:34:05,110 --> 00:34:03,519

unlimited time or control of your time

1022

00:34:07,830 --> 00:34:05,120

that way to just sit down

1023

00:34:09,270 --> 00:34:07,840

and learn because even from i mean since

1024

00:34:11,990 --> 00:34:09,280

kindergarten

1025

00:34:13,589 --> 00:34:12,000

eight hours a day five days a week is

1026

00:34:15,669 --> 00:34:13,599

taken from you and you

1027

00:34:17,270 --> 00:34:15,679

learn at at five years old that that's

1028

00:34:19,109 --> 00:34:17,280

just the way it's gonna be

1029

00:34:20,550 --> 00:34:19,119

forever you know you might get lucky and

1030

00:34:21,510 --> 00:34:20,560

get one of those jobs that you have to

1031

00:34:23,829 --> 00:34:21,520

work a little less

1032

00:34:25,190 --> 00:34:23,839

but for the most most people that's the

1033

00:34:27,589 --> 00:34:25,200

way it's going to be so

1034

00:34:29,030 --> 00:34:27,599

it's really it's kind of hard to imagine

1035

00:34:31,030 --> 00:34:29,040

you know really just being able to sit

1036

00:34:33,909 --> 00:34:31,040

down and tinker with stuff but

1037

00:34:35,510 --> 00:34:33,919

it sounds so uh so appealing just to

1038

00:34:37,589 --> 00:34:35,520

have those skills because i think you're

1039

00:34:39,190 --> 00:34:37,599

right in the nervous system you know

1040

00:34:40,790 --> 00:34:39,200

that uh if your car breaks down in the

1041

00:34:42,629 --> 00:34:40,800

desert you're probably gonna die if

1042

00:34:44,230 --> 00:34:42,639

system collapses you probably got two

1043

00:34:46,230 --> 00:34:44,240

days before you're gonna die

1044

00:34:48,869 --> 00:34:46,240

it's uh it's kind of it's a messed up

1045

00:34:51,030 --> 00:34:48,879

way to live that dependency

1046

00:34:52,149 --> 00:34:51,040

yeah well i'm curious greg like if you

1047

00:34:54,710 --> 00:34:52,159

were just afraid

1048

00:34:55,430 --> 00:34:54,720

of everything you have to do right now

1049

00:34:57,589 --> 00:34:55,440

what would be

1050

00:34:58,950 --> 00:34:57,599

like the tinkering thing you would want

1051  
00:35:00,390 --> 00:34:58,960  
to take on like what have you always

1052  
00:35:02,230 --> 00:35:00,400  
wanted to do

1053  
00:35:04,390 --> 00:35:02,240  
i think i think for me the thing i would

1054  
00:35:06,710 --> 00:35:04,400  
find most interesting or fun to work out

1055  
00:35:08,150 --> 00:35:06,720  
is energy if i could power everything

1056  
00:35:10,310 --> 00:35:08,160  
that i enjoy

1057  
00:35:12,790 --> 00:35:10,320  
uh on my own off the grid because i feel

1058  
00:35:15,190 --> 00:35:12,800  
like that's one of those shackles that

1059  
00:35:16,790 --> 00:35:15,200  
you really can't get around it and a lot

1060  
00:35:18,310 --> 00:35:16,800  
off the good communities you know it's

1061  
00:35:19,750 --> 00:35:18,320  
just something they don't have

1062  
00:35:21,430 --> 00:35:19,760  
you know they just deal without it

1063  
00:35:23,829 --> 00:35:21,440

rather than implementing it

1064

00:35:25,589 --> 00:35:23,839

and i couldn't do it without so if i

1065

00:35:27,190 --> 00:35:25,599

could really harness solar

1066

00:35:28,870 --> 00:35:27,200

and really harness energies that were

1067

00:35:30,710 --> 00:35:28,880

sustainable i think that would be most

1068

00:35:33,589 --> 00:35:30,720

interesting to me

1069

00:35:33,990 --> 00:35:33,599

yeah i'm sure you'd have fun doing it i

1070

00:35:35,990 --> 00:35:34,000

am

1071

00:35:37,910 --> 00:35:36,000

i'm always fascinated you know like when

1072

00:35:39,670 --> 00:35:37,920

i talk to people like stock brokers

1073

00:35:41,030 --> 00:35:39,680

and you know whatever people of all

1074

00:35:43,190 --> 00:35:41,040

different careers

1075

00:35:44,550 --> 00:35:43,200

they they all have like a secret thing

1076

00:35:46,390 --> 00:35:44,560

like i really just want to be an

1077

00:35:49,349 --> 00:35:46,400

electrician you know

1078

00:35:51,270 --> 00:35:49,359

that's so funny it is or i really just

1079

00:35:53,270 --> 00:35:51,280

want to be a bike messenger and shoot

1080

00:35:55,030 --> 00:35:53,280

snot rockets

1081

00:35:57,030 --> 00:35:55,040

well you know i i do this show and i

1082

00:35:58,310 --> 00:35:57,040

also print t-shirts that are conspiracy

1083

00:36:00,390 --> 00:35:58,320

related and then

1084

00:36:02,390 --> 00:36:00,400

i also have a nine to five job that

1085

00:36:05,430 --> 00:36:02,400

funds everything else that i enjoy

1086

00:36:07,270 --> 00:36:05,440

in a in a middle class lifestyle and

1087

00:36:08,950 --> 00:36:07,280

you know i really think if i could just

1088

00:36:10,870 --> 00:36:08,960

do the other two things

1089

00:36:12,310 --> 00:36:10,880

and not make money from them or barely

1090

00:36:15,510 --> 00:36:12,320

make enough to pay for that

1091

00:36:17,030 --> 00:36:15,520

extreme insurance and the phone plan and

1092

00:36:17,750 --> 00:36:17,040

the few things i wouldn't want to do

1093

00:36:20,310 --> 00:36:17,760

without

1094

00:36:20,870 --> 00:36:20,320

i'd be way happier and i'm kind of in

1095

00:36:24,150 --> 00:36:20,880

that

1096

00:36:25,990 --> 00:36:24,160

transitory area but i think a lot of

1097

00:36:29,030 --> 00:36:26,000

people need to get out of the mindset

1098

00:36:30,230 --> 00:36:29,040

that your passion is probably not going

1099

00:36:33,829 --> 00:36:30,240

to bring you as much

1100

00:36:35,670 --> 00:36:33,839

income as the 9 to 5 job's going to be

1101

00:36:37,030 --> 00:36:35,680

but you're going to get back

1102

00:36:39,589 --> 00:36:37,040

what you put into it and you're going to

1103

00:36:39,990 --> 00:36:39,599

get it back in in time and freedom and

1104

00:36:42,950 --> 00:36:40,000

pride

1105

00:36:45,589 --> 00:36:42,960

a lot of people don't care about what

1106

00:36:48,950 --> 00:36:45,599

they're doing in their nine-to-five job

1107

00:36:51,589 --> 00:36:48,960

it's true um yeah

1108

00:36:52,150 --> 00:36:51,599

i think you're really right i don't know

1109

00:36:53,510 --> 00:36:52,160

you know i

1110

00:36:55,829 --> 00:36:53,520

i'm thinking about the part you said

1111

00:36:57,349 --> 00:36:55,839

where you might not make as much money

1112

00:36:59,270 --> 00:36:57,359

and i think there's something in there

1113

00:37:01,670 --> 00:36:59,280

that you know everyone could take a

1114

00:37:03,829 --> 00:37:01,680

moment to look at which is

1115

00:37:06,230 --> 00:37:03,839

you know the rise and fall of markets

1116

00:37:08,710 --> 00:37:06,240

and the swings of money are so

1117

00:37:10,790 --> 00:37:08,720

bizarre and they used to make sense like

1118

00:37:11,750 --> 00:37:10,800

oh there was no rain in florida so the

1119

00:37:15,190 --> 00:37:11,760

oranges went up

1120

00:37:18,069 --> 00:37:15,200

but now it's so convoluted because

1121

00:37:20,470 --> 00:37:18,079

um you know money is being made on like

1122

00:37:21,510 --> 00:37:20,480

weird models and trickery and financing

1123

00:37:24,630 --> 00:37:21,520

tricks

1124

00:37:26,150 --> 00:37:24,640

so you know when you're saving money do

1125

00:37:28,630 --> 00:37:26,160

you really feel like you're saving

1126

00:37:31,430 --> 00:37:28,640

something stable and secure

1127

00:37:33,190 --> 00:37:31,440

because i didn't and when i switched

1128

00:37:36,310 --> 00:37:33,200

over from saving money

1129

00:37:38,069 --> 00:37:36,320

to putting that money into tools that i

1130

00:37:40,230 --> 00:37:38,079

could use to make stuff

1131

00:37:41,990 --> 00:37:40,240

i thought i had something more reliable

1132

00:37:44,150 --> 00:37:42,000

than when i had cash

1133

00:37:45,430 --> 00:37:44,160

yeah that's a great point too you know

1134

00:37:47,030 --> 00:37:45,440

something i've thought about i've talked

1135

00:37:48,150 --> 00:37:47,040

to friends about doing this kind of

1136

00:37:50,950 --> 00:37:48,160

transition

1137

00:37:53,190 --> 00:37:50,960

and some of the cynical ones they have

1138

00:37:54,390 --> 00:37:53,200

this impression that

1139

00:37:55,829 --> 00:37:54,400

you know yeah you're not really going to

1140

00:37:57,430 --> 00:37:55,839

get your freedom back you're going to

1141

00:37:59,829 --> 00:37:57,440

get you're going to get your time

1142

00:38:01,030 --> 00:37:59,839

but you're going to spend all that time

1143

00:38:04,310 --> 00:38:01,040

trying to

1144

00:38:06,069 --> 00:38:04,320

make build and and get the things that

1145

00:38:07,510 --> 00:38:06,079

we already have you know like we talked

1146

00:38:09,109 --> 00:38:07,520

about spending time sitting there and

1147

00:38:10,230 --> 00:38:09,119

tinkering with things do you feel like

1148

00:38:11,990 --> 00:38:10,240

you have

1149

00:38:13,589 --> 00:38:12,000

more free time is that a fallacy you

1150

00:38:15,349 --> 00:38:13,599

probably have more free time than you

1151  
00:38:15,990 --> 00:38:15,359  
ever did but do you feel like you spend

1152  
00:38:19,109 --> 00:38:16,000  
a lot of it

1153  
00:38:19,750 --> 00:38:19,119  
doing the hard labor it's a great

1154  
00:38:22,390 --> 00:38:19,760  
question

1155  
00:38:23,430 --> 00:38:22,400  
so if you think about it logically the

1156  
00:38:25,109 --> 00:38:23,440  
answer is there

1157  
00:38:27,270 --> 00:38:25,119  
it's like you're not going to build your

1158  
00:38:28,710 --> 00:38:27,280  
house twice you're not going to set up

1159  
00:38:30,230 --> 00:38:28,720  
your pv solar twice

1160  
00:38:31,990 --> 00:38:30,240  
yeah right that's true you are going to

1161  
00:38:32,470 --> 00:38:32,000  
make fuel every week and you are going

1162  
00:38:35,750 --> 00:38:32,480  
to

1163  
00:38:36,710 --> 00:38:35,760

garden every single day but like for me

1164

00:38:38,790 --> 00:38:36,720

i didn't it took

1165

00:38:40,710 --> 00:38:38,800

years for me to learn how to sew because

1166

00:38:42,630 --> 00:38:40,720

i had bigger stuff to do first i had to

1167

00:38:44,710 --> 00:38:42,640

build a privacy wall to build

1168

00:38:46,630 --> 00:38:44,720

buildings but i'm never going to do

1169

00:38:46,950 --> 00:38:46,640

those things again now i just maintain

1170

00:38:48,550 --> 00:38:46,960

them

1171

00:38:51,030 --> 00:38:48,560

it doesn't take that much time to do

1172

00:38:53,190 --> 00:38:51,040

that so as the years

1173

00:38:54,390 --> 00:38:53,200

pass my free time increases

1174

00:38:57,349 --> 00:38:54,400

exponentially

1175

00:38:59,349 --> 00:38:57,359

and um i get to do more of the kind of

1176

00:39:02,710 --> 00:38:59,359

labor that's like whimsy

1177

00:39:05,510 --> 00:39:02,720

and fun um but to be honest

1178

00:39:06,230 --> 00:39:05,520

the thing i worry most about in my life

1179

00:39:09,349 --> 00:39:06,240

is that

1180

00:39:12,390 --> 00:39:09,359

labor should ever end because

1181

00:39:16,150 --> 00:39:12,400

i realize my happiness is very much

1182

00:39:18,710 --> 00:39:16,160

in being in a rhythm and

1183

00:39:20,069 --> 00:39:18,720

that rhythm has to include labor i see

1184

00:39:22,069 --> 00:39:20,079

that firsthand

1185

00:39:23,829 --> 00:39:22,079

and if anyone ever took labor away from

1186

00:39:27,190 --> 00:39:23,839

me and just like did it for me

1187

00:39:28,630 --> 00:39:27,200

i would be really unhappy so i'm glad

1188

00:39:30,230 --> 00:39:28,640

there's always another project

1189

00:39:32,069 --> 00:39:30,240

i'm building a bike rack i'm building a

1190

00:39:33,589 --> 00:39:32,079

new outdoor shower like i never want

1191

00:39:36,870 --> 00:39:33,599

that to end

1192

00:39:39,349 --> 00:39:36,880

it's an interesting perspective how like

1193

00:39:41,030 --> 00:39:39,359

as far as uh conveniences like showers

1194

00:39:42,870 --> 00:39:41,040

and plumbing i mean how do you deal with

1195

00:39:46,790 --> 00:39:42,880

those is that a big stretch from

1196

00:39:48,790 --> 00:39:46,800

what's conventional yeah my view changed

1197

00:39:50,069 --> 00:39:48,800

wildly on these things i never thought

1198

00:39:52,390 --> 00:39:50,079

i'd be saying this but

1199

00:39:54,310 --> 00:39:52,400

um i'm desperate to shut off all the

1200

00:39:56,710 --> 00:39:54,320

toilets in the house and get rid of them

1201

00:39:59,670 --> 00:39:56,720

i don't want them anymore

1202

00:39:59,990 --> 00:39:59,680

yup i think they're really stupid and i

1203

00:40:02,550 --> 00:40:00,000

i'm

1204

00:40:03,190 --> 00:40:02,560

this year is my main goal is to get an

1205

00:40:07,510 --> 00:40:03,200

outdoor

1206

00:40:10,710 --> 00:40:07,520

just composts

1207

00:40:12,230 --> 00:40:10,720

um plumbing is stupid uh

1208

00:40:13,270 --> 00:40:12,240

i don't want to fix toilets my whole

1209

00:40:14,230 --> 00:40:13,280

life you know i don't want to be

1210

00:40:16,630 --> 00:40:14,240

involved in it

1211

00:40:17,829 --> 00:40:16,640

bears are really pain in the ass and

1212

00:40:19,349 --> 00:40:17,839

expensive

1213

00:40:21,589 --> 00:40:19,359

and it doesn't make sense to lock

1214

00:40:24,230 --> 00:40:21,599

yourself in a small room and uh

1215

00:40:26,069 --> 00:40:24,240

like use it that way um and it doesn't

1216

00:40:29,109 --> 00:40:26,079

make sense to flush drinking water

1217

00:40:30,069 --> 00:40:29,119

you know like it's crazy so i'd much

1218

00:40:32,630 --> 00:40:30,079

rather

1219

00:40:33,589 --> 00:40:32,640

be outside in a cool room that i design

1220

00:40:37,190 --> 00:40:33,599

really well

1221

00:40:40,230 --> 00:40:37,200

um yeah so plumbing's really a pain

1222

00:40:42,550 --> 00:40:40,240

i already disconnected my showers and i

1223

00:40:44,309 --> 00:40:42,560

bathe outside exclusively and have for

1224

00:40:45,990 --> 00:40:44,319

years but i do have the benefit of

1225

00:40:49,829 --> 00:40:46,000

having a hot mineral spring

1226

00:40:51,349 --> 00:40:49,839

in my yard wow so that helps

1227

00:40:53,190 --> 00:40:51,359

yeah i mean i think a lot of people get

1228

00:40:56,390 --> 00:40:53,200

so attached to that privacy

1229

00:40:58,390 --> 00:40:56,400

in those type of moments um did you

1230

00:40:59,510 --> 00:40:58,400

ever have a struggle with that or was it

1231

00:41:03,109 --> 00:40:59,520

something you just were like

1232

00:41:05,190 --> 00:41:03,119

the pros outweighed the cons well when i

1233

00:41:05,750 --> 00:41:05,200

was a city girl like i definitely would

1234

00:41:07,990 --> 00:41:05,760

have

1235

00:41:09,750 --> 00:41:08,000

like listened to myself today and said

1236

00:41:12,150 --> 00:41:09,760

that girl's crazy

1237

00:41:13,910 --> 00:41:12,160

but i think anybody who showers outside

1238

00:41:16,230 --> 00:41:13,920

after a few times or

1239

00:41:18,069 --> 00:41:16,240

uses an outdoor bathroom they start to

1240

00:41:20,069 --> 00:41:18,079

prefer it very quickly

1241

00:41:21,990 --> 00:41:20,079

because it's really lovely to be outside

1242

00:41:23,510 --> 00:41:22,000

i mean we're all starved of the outdoors

1243

00:41:26,309 --> 00:41:23,520

because of our jobs

1244

00:41:28,390 --> 00:41:26,319

um you know it's great and you don't

1245

00:41:30,390 --> 00:41:28,400

need a hot spring either to make hot

1246

00:41:34,470 --> 00:41:30,400

water outdoors you can just take

1247

00:41:36,309 --> 00:41:34,480

any tank paint it black face it south

1248

00:41:38,150 --> 00:41:36,319

let the sun cook it all day and you'll

1249

00:41:41,510 --> 00:41:38,160

have a hot shower every night

1250

00:41:43,109 --> 00:41:41,520

and it's free yeah yeah that's awesome i

1251

00:41:44,630 --> 00:41:43,119

love hearing those little things

1252

00:41:46,069 --> 00:41:44,640

uh and you know it's funny about

1253

00:41:48,550 --> 00:41:46,079

plumbing because there's a meme on the

1254

00:41:52,309 --> 00:41:48,560

internet that's a photograph of

1255

00:41:54,710 --> 00:41:52,319

some a volunteer helping some african

1256

00:41:56,790 --> 00:41:54,720

kid and he says so let me get this

1257

00:41:58,790 --> 00:41:56,800

straight you have refillable bowls of

1258

00:42:00,550 --> 00:41:58,800

clean water and you [h\_\_h] in them

1259

00:42:01,990 --> 00:42:00,560

and it is so funny because people don't

1260

00:42:04,230 --> 00:42:02,000

think about it that way like people

1261

00:42:06,150 --> 00:42:04,240

on most a lot of third world countries

1262

00:42:07,910 --> 00:42:06,160

would die to have a refillable bowl of

1263

00:42:09,750 --> 00:42:07,920

water and they would not use it the way

1264

00:42:12,550 --> 00:42:09,760

we do

1265

00:42:13,430 --> 00:42:12,560

yeah i find a similar sentiment i notice

1266

00:42:16,230 --> 00:42:13,440

i don't know about you

1267

00:42:16,870 --> 00:42:16,240

but people seem to not know that the

1268

00:42:19,990 --> 00:42:16,880

planet

1269

00:42:22,470 --> 00:42:20,000

only has one water and like

1270

00:42:24,870 --> 00:42:22,480

no one's ever gonna bring more and it

1271

00:42:26,550 --> 00:42:24,880

doesn't make more of itself

1272

00:42:28,069 --> 00:42:26,560

so there's this like when i talk to

1273

00:42:30,309 --> 00:42:28,079

people i can tell they think that

1274

00:42:33,349 --> 00:42:30,319

somehow water is being rejuvenated

1275

00:42:35,430 --> 00:42:33,359

and you know there's more being made but

1276

00:42:36,790 --> 00:42:35,440

there isn't and there never will be so

1277

00:42:40,550 --> 00:42:36,800

when you poop in water

1278

00:42:44,069 --> 00:42:43,430

that's funny yeah um it's weird well

1279

00:42:45,910 --> 00:42:44,079

let's talk about

1280

00:42:47,910 --> 00:42:45,920

food obviously food's a huge concern we

1281

00:42:49,829 --> 00:42:47,920

haven't really talked about it um

1282

00:42:51,510 --> 00:42:49,839

seems like right now based on the book

1283

00:42:54,630 --> 00:42:51,520

you've got some pretty fine-tuned

1284

00:42:56,470 --> 00:42:54,640

systems for food production right

1285

00:42:58,069 --> 00:42:56,480

yeah you know like i said once you get

1286

00:42:58,950 --> 00:42:58,079

the big stuff out of the way you get

1287

00:43:01,750 --> 00:42:58,960

into the small

1288

00:43:02,630 --> 00:43:01,760

and um mikey and i both love being in

1289

00:43:04,630 --> 00:43:02,640

the kitchen

1290

00:43:06,950 --> 00:43:04,640

because it's really like a lab and it

1291

00:43:07,670 --> 00:43:06,960

the payoff is so big you know in health

1292

00:43:10,710 --> 00:43:07,680

and in just

1293

00:43:13,109 --> 00:43:10,720

the sensuousness of food so

1294

00:43:14,630 --> 00:43:13,119

lately we're into like a lot of illegal

1295

00:43:15,190 --> 00:43:14,640

stuff because the payoffs are really

1296

00:43:17,030 --> 00:43:15,200

high like

1297

00:43:19,510 --> 00:43:17,040

making you run out really because like

1298

00:43:21,910 --> 00:43:19,520

making your own alcohol for a tincture

1299

00:43:22,710 --> 00:43:21,920

um it would cost me a hundred dollars a

1300

00:43:26,150 --> 00:43:22,720

gallon to

1301

00:43:28,630 --> 00:43:26,160

buy organic alcohol but you can

1302

00:43:30,630 --> 00:43:28,640

you know make alcohol just with a

1303

00:43:33,910 --> 00:43:30,640

distiller off amazon that's meant

1304

00:43:35,990 --> 00:43:33,920

for water so and you can make that same

1305

00:43:39,430 --> 00:43:36,000

gallon of alcohol for five bucks

1306

00:43:40,150 --> 00:43:39,440

um we also like fermenting so making

1307

00:43:42,390 --> 00:43:40,160

kimchi

1308

00:43:45,190 --> 00:43:42,400

we like making alcohol for drinking like

1309

00:43:47,109 --> 00:43:45,200

meat and wine

1310

00:43:49,750 --> 00:43:47,119

we have a blast in the kitchen i hope to

1311

00:43:51,990 --> 00:43:49,760

be growing mushrooms next year

1312

00:43:53,030 --> 00:43:52,000

so do you do any of this at home do you

1313

00:43:55,349 --> 00:43:53,040

cook at home

1314

00:43:57,349 --> 00:43:55,359

no i mean my girlfriend's a she went to

1315

00:43:58,710 --> 00:43:57,359

culinary school and she loves it um but

1316

00:44:00,069 --> 00:43:58,720

my one of my big concerns with this

1317

00:44:02,150 --> 00:44:00,079

stuff is i eat

1318

00:44:03,990 --> 00:44:02,160

almost exclusively meat and it's so

1319

00:44:05,190 --> 00:44:04,000

terrible and i treat my body like a

1320

00:44:07,829 --> 00:44:05,200

garbage can

1321

00:44:09,750 --> 00:44:07,839

and i want her you know doing a kind of

1322

00:44:13,109 --> 00:44:09,760

off the grid living you'd have to

1323

00:44:16,790 --> 00:44:13,119

it kind of has to be vegetable based um

1324

00:44:19,030 --> 00:44:16,800

you know just for the the waste and the

1325

00:44:20,470 --> 00:44:19,040

amount of energy required to eat a meat

1326

00:44:24,069 --> 00:44:20,480

diet on your own

1327

00:44:24,550 --> 00:44:24,079

would be pretty taxing well you know

1328

00:44:27,190 --> 00:44:24,560

what we

1329

00:44:27,990 --> 00:44:27,200

found yeah so our garden obviously is

1330

00:44:31,510 --> 00:44:28,000

right out the door

1331

00:44:33,829 --> 00:44:31,520

it's easy but um i get here

1332

00:44:35,829 --> 00:44:33,839

uh bison that weren't even raised by

1333

00:44:38,150 --> 00:44:35,839

anybody they're just on the open range

1334

00:44:41,030 --> 00:44:38,160

so it's like beyond organic

1335

00:44:42,470 --> 00:44:41,040

and um yeah and there'll be a hunt and

1336

00:44:44,790 --> 00:44:42,480

everyone in town will kind of

1337

00:44:46,390 --> 00:44:44,800

go in on it and buy the animal and you

1338

00:44:48,550 --> 00:44:46,400

know it's it's pretty low-fi

1339

00:44:50,870 --> 00:44:48,560

like someone will set up a butcher shop

1340

00:44:52,230 --> 00:44:50,880

in their backyard and everyone in town

1341

00:44:55,430 --> 00:44:52,240

comes and you get like

1342

00:44:57,349 --> 00:44:55,440

bison for three dollars a pound um

1343

00:44:58,950 --> 00:44:57,359

but again i get i have access to

1344

00:45:01,190 --> 00:44:58,960

tremendously good meats like i just

1345

00:45:02,829 --> 00:45:01,200

split a pig with somebody so my freezer

1346

00:45:06,150 --> 00:45:02,839

is stuffed with um

1347

00:45:08,150 --> 00:45:06,160

pork um and again it's beyond organic

1348

00:45:09,589 --> 00:45:08,160

it's just raised you know on someone's

1349

00:45:12,550 --> 00:45:09,599

yard

1350

00:45:13,829 --> 00:45:12,560

so yeah you can really get meat pretty

1351

00:45:16,309 --> 00:45:13,839

easily actually

1352

00:45:18,230 --> 00:45:16,319

that's awesome do you ever worry about

1353

00:45:19,270 --> 00:45:18,240

being raided or anything like you hear

1354

00:45:21,589 --> 00:45:19,280

stories about

1355

00:45:22,309 --> 00:45:21,599

farmers are trying to sell raw milk and

1356

00:45:26,710 --> 00:45:22,319

they

1357

00:45:28,390 --> 00:45:26,720

big drug operation going or something i

1358

00:45:30,630 --> 00:45:28,400

mean because the system doesn't like

1359

00:45:32,230 --> 00:45:30,640

people to have examples of successful

1360

00:45:34,230 --> 00:45:32,240

self-sustaining communities is it a

1361

00:45:36,950 --> 00:45:34,240

concern for you ever

1362

00:45:37,589 --> 00:45:36,960

well we've seen some of that here our

1363

00:45:40,870 --> 00:45:37,599

community

1364

00:45:43,349 --> 00:45:40,880

so they

1365

00:45:44,069 --> 00:45:43,359

they decided to take some government

1366

00:45:45,990 --> 00:45:44,079

money

1367

00:45:47,349 --> 00:45:46,000

and that was to help fund this kitchen

1368

00:45:47,910 --> 00:45:47,359

and the benefit of a community kitchen

1369

00:45:52,150 --> 00:45:47,920

is

1370

00:45:53,750 --> 00:45:52,160

to resell into stores

1371

00:45:56,390 --> 00:45:53,760

you can't do that with stuff you made at

1372

00:45:59,109 --> 00:45:56,400

home it's not a health proof kitchen

1373

00:46:00,230 --> 00:45:59,119

so to make a long story short once they

1374

00:46:02,069 --> 00:46:00,240

took that money

1375

00:46:03,829 --> 00:46:02,079

then the government was coming in

1376

00:46:06,790 --> 00:46:03,839

looking over their investment

1377

00:46:07,750 --> 00:46:06,800

and saying hey you guys also run the

1378

00:46:09,510 --> 00:46:07,760

farmer's market

1379

00:46:11,270 --> 00:46:09,520

you can't have that raw milk you can't

1380

00:46:12,470 --> 00:46:11,280

have that raw cheese you can't do this

1381

00:46:15,030 --> 00:46:12,480

you can't do that

1382

00:46:15,589 --> 00:46:15,040

and they turned the citizens who started

1383

00:46:18,470 --> 00:46:15,599

the kitchen

1384

00:46:19,510 --> 00:46:18,480

into police that were policing their own

1385

00:46:21,829 --> 00:46:19,520

community

1386

00:46:24,230 --> 00:46:21,839

and it got really ugly and it was very

1387

00:46:26,790 --> 00:46:24,240

just fracturing to our community

1388

00:46:28,550 --> 00:46:26,800

so you know my my solution to that would

1389

00:46:31,670 --> 00:46:28,560

be don't take the freaking money

1390

00:46:32,870 --> 00:46:31,680

you know right really now they're a big

1391

00:46:34,150 --> 00:46:32,880

pain in the ass

1392

00:46:36,069 --> 00:46:34,160

yeah i mean that brings up another

1393

00:46:36,870 --> 00:46:36,079

question did you ever face issues and

1394

00:46:39,030 --> 00:46:36,880

regulations

1395

00:46:40,470 --> 00:46:39,040

like building codes and and things

1396

00:46:42,230 --> 00:46:40,480

you're building or do they just not get

1397

00:46:44,630 --> 00:46:42,240

out that far

1398

00:46:46,069 --> 00:46:44,640

no for sure we did you know it's a

1399

00:46:47,430 --> 00:46:46,079

little wild west out here you can get

1400

00:46:50,950 --> 00:46:47,440

away with a lot but not

1401

00:46:54,309 --> 00:46:50,960

everything what we did to skirt

1402

00:46:54,630 --> 00:46:54,319

those building issues was anyone can do

1403

00:46:56,870 --> 00:46:54,640

this

1404

00:46:58,950 --> 00:46:56,880

you can go to a structural engineer and

1405

00:47:00,710 --> 00:46:58,960

say here's my crazy idea i'm going to

1406

00:47:02,870 --> 00:47:00,720

build a dome out of paper

1407

00:47:03,750 --> 00:47:02,880

and you can you know download sketch for

1408

00:47:05,829 --> 00:47:03,760

free and it'll

1409

00:47:06,870 --> 00:47:05,839

give you the ability to express your

1410

00:47:09,990 --> 00:47:06,880

ideas visually

1411

00:47:12,390 --> 00:47:10,000

in a form that an engineer can read and

1412

00:47:13,990 --> 00:47:12,400

um in our case he looked at our plans he

1413

00:47:14,550 --> 00:47:14,000

said i think you're over building it

1414

00:47:16,950 --> 00:47:14,560

actually

1415

00:47:18,630 --> 00:47:16,960

he put a stamp of approval on it and

1416

00:47:21,349 --> 00:47:18,640

once you get that stamp

1417

00:47:22,710 --> 00:47:21,359

you can take that to the state record

1418

00:47:25,349 --> 00:47:22,720

and once it's there

1419

00:47:26,950 --> 00:47:25,359

they can't turn it down um they can't

1420

00:47:30,069 --> 00:47:26,960

stop you from building

1421

00:47:31,190 --> 00:47:30,079

that method so that's a really nice

1422

00:47:33,430 --> 00:47:31,200

workaround

1423

00:47:35,510 --> 00:47:33,440

for dealing with building inspectors who

1424

00:47:38,790 --> 00:47:35,520

want to get in your way

1425

00:47:39,510 --> 00:47:38,800

that's awesome so yeah it seems like

1426

00:47:41,510 --> 00:47:39,520

you've just done

1427

00:47:44,150 --> 00:47:41,520

so much when you started it was just you

1428

00:47:46,630 --> 00:47:44,160

and your partner and you managed to

1429

00:47:47,910 --> 00:47:46,640

take all these different sectors of that

1430

00:47:49,910 --> 00:47:47,920

are necessary

1431

00:47:52,069 --> 00:47:49,920

to sustain life and just come up with

1432

00:47:54,150 --> 00:47:52,079

all of it yourself

1433

00:47:55,349 --> 00:47:54,160

well you know again thanks to the

1434

00:47:58,230 --> 00:47:55,359

internet um

1435

00:47:59,109 --> 00:47:58,240

right huge tool tremendous and you know

1436

00:48:01,270 --> 00:47:59,119

we network

1437

00:48:02,549 --> 00:48:01,280

a lot of community for us is on the

1438

00:48:04,870 --> 00:48:02,559

internet um

1439

00:48:07,109 --> 00:48:04,880

people where we live are not necessarily

1440

00:48:07,910 --> 00:48:07,119

technical or modern in that particular

1441

00:48:10,230 --> 00:48:07,920

way

1442

00:48:12,069 --> 00:48:10,240

so um we gained a lot of knowledge from

1443

00:48:13,030 --> 00:48:12,079

others that we stay connected to through

1444

00:48:15,030 --> 00:48:13,040

the web

1445

00:48:16,069 --> 00:48:15,040

and then uh you know just to make it

1446

00:48:18,390 --> 00:48:16,079

personal we have

1447

00:48:20,470 --> 00:48:18,400

those web friends down once every year

1448

00:48:23,670 --> 00:48:20,480

or two and spend a week out here with us

1449

00:48:26,309 --> 00:48:23,680

doing skill sharing workshops but um

1450

00:48:27,190 --> 00:48:26,319

you know it's been seven eight years now

1451

00:48:29,670 --> 00:48:27,200

so

1452

00:48:32,069 --> 00:48:29,680

we did a lot but we did it over a seven

1453

00:48:34,230 --> 00:48:32,079

or eight year period

1454

00:48:36,150 --> 00:48:34,240

that's crazy i'm i mean i'm just in so

1455

00:48:38,309 --> 00:48:36,160

on awe of that it's so awesome

1456

00:48:39,990 --> 00:48:38,319

but uh you know for people who maybe are

1457

00:48:41,589 --> 00:48:40,000

trying to like they can't commit you

1458

00:48:42,470 --> 00:48:41,599

know like me who's not willing to go the

1459

00:48:45,109 --> 00:48:42,480

whole way

1460

00:48:46,710 --> 00:48:45,119

but uh would love to kind of experiment

1461

00:48:48,390 --> 00:48:46,720

with it maybe save some money you know

1462

00:48:49,349 --> 00:48:48,400

what are some easy things they can try

1463

00:48:51,349 --> 00:48:49,359

making at home

1464

00:48:53,349 --> 00:48:51,359

that would save them the most bang for

1465

00:48:54,950 --> 00:48:53,359

the buck like toothpaste laundry soap

1466

00:48:57,109 --> 00:48:54,960

stuff like that

1467

00:48:58,230 --> 00:48:57,119

yeah i think you know for each of us

1468

00:49:00,630 --> 00:48:58,240

it's it's um

1469

00:49:01,990 --> 00:49:00,640

it's about well i would start with a a

1470

00:49:05,190 --> 00:49:02,000

different question first which

1471

00:49:06,150 --> 00:49:05,200

is um what's in my waste stream so every

1472

00:49:09,349 --> 00:49:06,160

city every

1473

00:49:10,630 --> 00:49:09,359

region has a different waste stream

1474

00:49:12,470 --> 00:49:10,640

and you're going to find that there are

1475

00:49:13,910 --> 00:49:12,480

particular materials that are really

1476

00:49:16,069 --> 00:49:13,920

abundant where you are

1477

00:49:17,670 --> 00:49:16,079

so that's free materials like start

1478

00:49:19,510 --> 00:49:17,680

there if you're gonna

1479

00:49:21,030 --> 00:49:19,520

you know not have skills yet and you're

1480

00:49:23,109 --> 00:49:21,040

trying to figure it out

1481

00:49:25,349 --> 00:49:23,119

if you wreck those materials if you make

1482

00:49:27,030 --> 00:49:25,359

a mistake if it doesn't work out

1483

00:49:28,790 --> 00:49:27,040

it didn't cost you anything it was

1484

00:49:31,190 --> 00:49:28,800

already going to the trash nothing's

1485

00:49:32,790 --> 00:49:31,200

changed and you got some experience so

1486

00:49:34,950 --> 00:49:32,800

i really like to tell people start

1487

00:49:37,990 --> 00:49:34,960

looking at the garbage

1488

00:49:40,150 --> 00:49:38,000

the other thing is to get a book for

1489

00:49:42,710 --> 00:49:40,160

your region on just what's free in

1490

00:49:44,710 --> 00:49:42,720

nature in terms of plants

1491

00:49:47,030 --> 00:49:44,720

it's really fun it'll take you out

1492

00:49:49,030 --> 00:49:47,040

hiking it'll bring you into nature

1493

00:49:50,870 --> 00:49:49,040

so just go start finding plants that

1494

00:49:53,270 --> 00:49:50,880

have medicinal value

1495

00:49:54,870 --> 00:49:53,280

and experiment and see the effect it has

1496

00:49:57,589 --> 00:49:54,880

on your health

1497

00:49:59,109 --> 00:49:57,599

so that also is free and economical but

1498

00:50:02,230 --> 00:49:59,119

i would say like

1499

00:50:03,910 --> 00:50:02,240

i think people don't realize that if you

1500

00:50:05,750 --> 00:50:03,920

just start chipping away and start

1501

00:50:07,030 --> 00:50:05,760

making the things you bought

1502

00:50:09,270 --> 00:50:07,040

that you can actually change your

1503

00:50:12,470 --> 00:50:09,280

economy radically

1504

00:50:15,510 --> 00:50:12,480

so in new york city mikey and i we

1505

00:50:17,270 --> 00:50:15,520

needed two six-figure incomes and not

1506

00:50:17,990 --> 00:50:17,280

really to be middle-class just to be

1507

00:50:21,349 --> 00:50:18,000

like

1508

00:50:22,950 --> 00:50:21,359

okay and six years later

1509

00:50:25,270 --> 00:50:22,960

we don't even need to earn thirty

1510

00:50:28,630 --> 00:50:25,280

thousand dollars between us

1511

00:50:31,349 --> 00:50:28,640

and we're so abundant it's silly

1512

00:50:33,030 --> 00:50:31,359

so it does add up you know the

1513

00:50:36,790 --> 00:50:33,040

toothpaste the shampoo

1514

00:50:39,589 --> 00:50:36,800

the biofuel like it really does add up

1515

00:50:41,589 --> 00:50:39,599

um if you don't mind me adding something

1516

00:50:42,069 --> 00:50:41,599

greg just because of the nature of your

1517

00:50:45,109 --> 00:50:42,079

show

1518

00:50:47,829 --> 00:50:45,119

sure um i i there's something that i

1519

00:50:50,069 --> 00:50:47,839

find very juicy in all of this which is

1520

00:50:51,190 --> 00:50:50,079

you know all the we have so many laws

1521

00:50:53,430 --> 00:50:51,200

that are based

1522

00:50:54,630 --> 00:50:53,440

on the assumption that we don't have

1523

00:50:57,270 --> 00:50:54,640

common sense

1524

00:50:58,870 --> 00:50:57,280

and that's insulting right so you know

1525

00:51:01,030 --> 00:50:58,880

they're saying you can't drink that raw

1526

00:51:02,630 --> 00:51:01,040

milk you can to have raw cheese

1527

00:51:04,150 --> 00:51:02,640

you can't do these things because you're

1528

00:51:05,750 --> 00:51:04,160

not smart enough you don't have the

1529

00:51:06,870 --> 00:51:05,760

sense to know what's good for you and

1530

00:51:09,109 --> 00:51:06,880

what isn't

1531

00:51:11,510 --> 00:51:09,119

and i think um that's kind of for me

1532

00:51:14,230 --> 00:51:11,520

what the edge of where we are today

1533

00:51:15,109 --> 00:51:14,240

you have to either take back common

1534

00:51:17,670 --> 00:51:15,119

sense

1535

00:51:19,430 --> 00:51:17,680

and then use it and do those things or

1536

00:51:20,230 --> 00:51:19,440

you're going to let industry do it for

1537

00:51:22,390 --> 00:51:20,240

you

1538

00:51:23,990 --> 00:51:22,400

and they're not going to do it well and

1539

00:51:25,589 --> 00:51:24,000

they're not thinking about your best

1540

00:51:28,309 --> 00:51:25,599

interest or your health

1541

00:51:30,309 --> 00:51:28,319

so you know it's kind of like we invest

1542

00:51:31,910 --> 00:51:30,319

in acculturated knowledge which is the

1543

00:51:34,870 --> 00:51:31,920

system or we invest in

1544

00:51:37,270 --> 00:51:34,880

natural knowledge the common sense and

1545

00:51:38,069 --> 00:51:37,280

i'm sure we both need a hybrid of the

1546

00:51:39,750 --> 00:51:38,079

two

1547

00:51:41,109 --> 00:51:39,760

but if you have common sense you're

1548

00:51:43,750 --> 00:51:41,119

always going to be okay

1549

00:51:45,270 --> 00:51:43,760

you're not reliant yeah that's

1550

00:51:46,710 --> 00:51:45,280

refreshing to hear i think a lot of

1551

00:51:49,670 --> 00:51:46,720

people worry about that i mean the

1552

00:51:51,750 --> 00:51:49,680

education system is bought and paid for

1553

00:51:53,589 --> 00:51:51,760

by corporations that only really want

1554

00:51:54,950 --> 00:51:53,599

obedient workers and you're not you

1555

00:51:55,510 --> 00:51:54,960

don't need to learn things that aren't

1556

00:51:58,390 --> 00:51:55,520

going to

1557

00:51:59,990 --> 00:51:58,400

help get you into the workforce so yeah

1558

00:52:02,230 --> 00:52:00,000

i agree with you

1559

00:52:03,349 --> 00:52:02,240

yeah and you know i think today it's

1560

00:52:05,030 --> 00:52:03,359

like well you know

1561

00:52:07,510 --> 00:52:05,040

i think we're all like waiting for some

1562

00:52:09,349 --> 00:52:07,520

big action where we can get some change

1563

00:52:10,710 --> 00:52:09,359

and some of the things that i just want

1564

00:52:13,910 --> 00:52:10,720

to share that i feel

1565

00:52:16,549 --> 00:52:13,920

um could be powerful would be um

1566

00:52:17,750 --> 00:52:16,559

a demanding of a clearing of all the

1567

00:52:20,150 --> 00:52:17,760

debt on earth

1568

00:52:21,670 --> 00:52:20,160

of course from country to country person

1569

00:52:24,309 --> 00:52:21,680

to person bank to bank

1570

00:52:26,230 --> 00:52:24,319

i also think graduating college students

1571

00:52:27,589 --> 00:52:26,240

should consider holding back their entry

1572

00:52:30,309 --> 00:52:27,599

to the workforce

1573

00:52:31,190 --> 00:52:30,319

and demand change from it and not give

1574

00:52:34,309 --> 00:52:31,200

away their most

1575

00:52:36,710 --> 00:52:34,319

valuable creativity and knowledge

1576  
00:52:37,750 --> 00:52:36,720  
without um demanding change from the

1577  
00:52:40,870 --> 00:52:37,760  
system

1578  
00:52:44,470 --> 00:52:40,880  
because they can't run without them

1579  
00:52:45,670 --> 00:52:44,480  
true so just a thought no i totally

1580  
00:52:47,030 --> 00:52:45,680  
agree with you and i

1581  
00:52:49,430 --> 00:52:47,040  
i'm a huge proponent of the

1582  
00:52:51,030 --> 00:52:49,440  
resource-based economy the venus project

1583  
00:52:52,549 --> 00:52:51,040  
the zeitgeist type of thing i'm sure

1584  
00:52:53,910 --> 00:52:52,559  
you're familiar with that um because

1585  
00:52:57,270 --> 00:52:53,920  
it's in your wheelhouse

1586  
00:52:59,670 --> 00:52:57,280  
but uh you know sometimes i get sick of

1587  
00:53:00,950 --> 00:52:59,680  
and really frustrated of just trying to

1588  
00:53:02,790 --> 00:53:00,960

convince people that it would be

1589

00:53:03,829 --> 00:53:02,800

possible and i'm like look i can't do

1590

00:53:06,069 --> 00:53:03,839

this my whole life

1591

00:53:07,270 --> 00:53:06,079

are we gonna get past capitalism uh in

1592

00:53:10,069 --> 00:53:07,280

the next 50 years

1593

00:53:10,390 --> 00:53:10,079

probably not so then if that if that's

1594

00:53:14,150 --> 00:53:10,400

going to

1595

00:53:17,109 --> 00:53:14,160

i got to do for myself and so i look at

1596

00:53:19,829 --> 00:53:17,119

something more like what you're doing

1597

00:53:21,349 --> 00:53:19,839

as a as a way to get out because it's

1598

00:53:22,470 --> 00:53:21,359

you can't wait for everybody else

1599

00:53:26,230 --> 00:53:22,480

because life is uh

1600

00:53:28,069 --> 00:53:26,240

it's taken away well i just read uh

1601  
00:53:29,750 --> 00:53:28,079  
i don't know if you've read thoreau's

1602  
00:53:32,150 --> 00:53:29,760  
book walden

1603  
00:53:33,750 --> 00:53:32,160  
no i have not i hadn't either it's a

1604  
00:53:35,190 --> 00:53:33,760  
classic but i didn't really go to high

1605  
00:53:37,109 --> 00:53:35,200  
school much so

1606  
00:53:39,109 --> 00:53:37,119  
but um i read it recently because people

1607  
00:53:40,309 --> 00:53:39,119  
were comparing my book to it and he said

1608  
00:53:42,309 --> 00:53:40,319  
something in it that's

1609  
00:53:44,390 --> 00:53:42,319  
a lot like what you're saying now he was

1610  
00:53:46,790 --> 00:53:44,400  
saying um the reason he left

1611  
00:53:48,390 --> 00:53:46,800  
civilization and went to walden bonds

1612  
00:53:49,910 --> 00:53:48,400  
to basically live off the land he did

1613  
00:53:53,270 --> 00:53:49,920

the same thing i did basically

1614

00:53:53,990 --> 00:53:53,280

but in 1835 the reason he said he did it

1615

00:53:58,309 --> 00:53:54,000

was

1616

00:53:59,510 --> 00:53:58,319

life uh having lived his whole life in

1617

00:54:01,829 --> 00:53:59,520

civilization

1618

00:54:02,870 --> 00:54:01,839

he would learn that that wasn't living

1619

00:54:05,109 --> 00:54:02,880

at all

1620

00:54:06,309 --> 00:54:05,119

and he would discover that he never

1621

00:54:10,069 --> 00:54:06,319

lived

1622

00:54:13,030 --> 00:54:10,079

and when i read that i was like whoa

1623

00:54:13,510 --> 00:54:13,040

that's powerful yeah i mean one other

1624

00:54:14,950 --> 00:54:13,520

thing

1625

00:54:16,870 --> 00:54:14,960

that was really good to hear you mention

1626  
00:54:17,510 --> 00:54:16,880  
the book is planned obsolescence i think

1627  
00:54:19,910 --> 00:54:17,520  
that's a

1628  
00:54:21,030 --> 00:54:19,920  
an instrument in our culture that people

1629  
00:54:23,589 --> 00:54:21,040  
just don't understand

1630  
00:54:24,870 --> 00:54:23,599  
even even styles and trends in the whole

1631  
00:54:26,790 --> 00:54:24,880  
fashion industry

1632  
00:54:27,990 --> 00:54:26,800  
is built on the idea that you can

1633  
00:54:30,069 --> 00:54:28,000  
convince people

1634  
00:54:31,030 --> 00:54:30,079  
that there should be seasons for a

1635  
00:54:33,589 --> 00:54:31,040  
certain

1636  
00:54:35,990 --> 00:54:33,599  
dress and once once that time has passed

1637  
00:54:38,710 --> 00:54:36,000  
that is no longer a cool thing to have

1638  
00:54:39,030 --> 00:54:38,720

like it's so ridiculous because clothes

1639

00:54:44,870 --> 00:54:39,040

are

1640

00:54:47,270 --> 00:54:44,880

but if you can trick people into

1641

00:54:49,190 --> 00:54:47,280

thinking there's a fashion switch

1642

00:54:50,950 --> 00:54:49,200

that's the mechanic of planned

1643

00:54:52,630 --> 00:54:50,960

obsolescence it's usually more overt

1644

00:54:54,069 --> 00:54:52,640

like a printer that stops printing after

1645

00:54:56,630 --> 00:54:54,079

a hundred thousand prints

1646

00:54:59,270 --> 00:54:56,640

or you know a light bulb that goes that

1647

00:55:00,870 --> 00:54:59,280

bursts after you know so many hours but

1648

00:55:02,309 --> 00:55:00,880

it is really funny and i'm glad to see

1649

00:55:04,789 --> 00:55:02,319

that in your book is not a lot of people

1650

00:55:07,030 --> 00:55:04,799

talk about that mechanism

1651  
00:55:08,789 --> 00:55:07,040  
yeah well trend i started on early on

1652  
00:55:09,670 --> 00:55:08,799  
because i created this textile

1653  
00:55:11,589 --> 00:55:09,680  
repurposing

1654  
00:55:13,510 --> 00:55:11,599  
events back in new york some years ago

1655  
00:55:15,190 --> 00:55:13,520  
and you know when i was really being

1656  
00:55:17,829 --> 00:55:15,200  
contemplative about waste

1657  
00:55:19,270 --> 00:55:17,839  
um i was drawn right to trend and

1658  
00:55:21,430 --> 00:55:19,280  
clothing because

1659  
00:55:23,829 --> 00:55:21,440  
it's the most idiotic of all the systems

1660  
00:55:25,109 --> 00:55:23,839  
you know it's basically i mean trend can

1661  
00:55:28,230 --> 00:55:25,119  
really be defined

1662  
00:55:29,589 --> 00:55:28,240  
as an artificial prompt to just dispose

1663  
00:55:32,069 --> 00:55:29,599

of perfectly

1664

00:55:33,990 --> 00:55:32,079

good materials even though there's

1665

00:55:37,030 --> 00:55:34,000

nothing wrong with them

1666

00:55:40,150 --> 00:55:39,270

so you know people say oh but it's

1667

00:55:43,270 --> 00:55:40,160

creative

1668

00:55:45,829 --> 00:55:43,280

off of racks

1669

00:55:47,829 --> 00:55:45,839

it's creative to to make something and

1670

00:55:49,750 --> 00:55:47,839

to hybrid and to hack but it's not

1671

00:55:52,710 --> 00:55:49,760

creative to go shopping

1672

00:55:54,069 --> 00:55:52,720

true i couldn't agree more wow well

1673

00:55:55,750 --> 00:55:54,079

wendy i mean it seems like it's about

1674

00:55:58,390 --> 00:55:55,760

that time you know i love the book i

1675

00:56:00,950 --> 00:55:58,400

love your story it's very inspirational

1676  
00:56:01,750 --> 00:56:00,960  
um before we go i mean is there anything

1677  
00:56:03,349 --> 00:56:01,760  
else you've learned

1678  
00:56:05,829 --> 00:56:03,359  
do you think it's important for people

1679  
00:56:11,109 --> 00:56:08,870  
um gosh you know have go have a life

1680  
00:56:13,190 --> 00:56:11,119  
just take back your creativity and

1681  
00:56:14,950 --> 00:56:13,200  
i would just you know encourage

1682  
00:56:16,230 --> 00:56:14,960  
everybody especially kids coming out of

1683  
00:56:18,309 --> 00:56:16,240  
school to

1684  
00:56:20,069 --> 00:56:18,319  
value the thing they're giving to

1685  
00:56:22,630 --> 00:56:20,079  
industry value it so

1686  
00:56:23,349 --> 00:56:22,640  
much that you're going to make that

1687  
00:56:26,230 --> 00:56:23,359  
industry

1688  
00:56:28,470 --> 00:56:26,240

work for it change for it become better

1689

00:56:31,510 --> 00:56:28,480

if they're going to have you but

1690

00:56:34,390 --> 00:56:31,520

just remember it can't exist without us

1691

00:56:34,710 --> 00:56:34,400

you know we're the fuel on a dead system

1692

00:56:36,789 --> 00:56:34,720

or

1693

00:56:38,470 --> 00:56:36,799

the life that keeps it going we don't

1694

00:56:41,589 --> 00:56:38,480

have to give it away

1695

00:56:43,910 --> 00:56:41,599

so i agreed yeah one of my

1696

00:56:45,510 --> 00:56:43,920

favorite einstein quotes it's kind of

1697

00:56:47,349 --> 00:56:45,520

relevant but it's more about

1698

00:56:49,349 --> 00:56:47,359

uh it's more about war but he says the

1699

00:56:52,789 --> 00:56:49,359

pioneers of a warless world are the

1700

00:56:54,630 --> 00:56:52,799

young men who refuse military service

1701  
00:56:57,349 --> 00:56:54,640  
you know without soldiers there can be

1702  
00:56:59,430 --> 00:56:57,359  
no war you're not going to see obama

1703  
00:57:01,750 --> 00:56:59,440  
dropping drones himself with a joystick

1704  
00:57:04,870 --> 00:57:01,760  
he's got to have a guy to do that

1705  
00:57:05,190 --> 00:57:04,880  
right so yeah it applies to all sectors

1706  
00:57:09,270 --> 00:57:05,200  
of

1707  
00:57:10,870 --> 00:57:09,280  
our participants you know we're

1708  
00:57:12,710 --> 00:57:10,880  
facilitating it so we need to

1709  
00:57:16,069 --> 00:57:12,720  
we need to really stop the gears from

1710  
00:57:18,470 --> 00:57:16,079  
moving if that's what we want to do

1711  
00:57:19,510 --> 00:57:18,480  
well i hope greg that you and i see a

1712  
00:57:22,390 --> 00:57:19,520  
day where

1713  
00:57:23,829 --> 00:57:22,400

there's an opening for real change i

1714

00:57:24,789 --> 00:57:23,839

know i've been waiting it sounds like

1715

00:57:26,549 --> 00:57:24,799

you have to

1716

00:57:28,150 --> 00:57:26,559

yeah but you're a lot closer to having

1717

00:57:29,510 --> 00:57:28,160

it in your own life so you

1718

00:57:31,109 --> 00:57:29,520

you know you're not having to wait for

1719

00:57:32,390 --> 00:57:31,119

that savior to come around you've saved

1720

00:57:34,069 --> 00:57:32,400

yourself so that's that's the

1721

00:57:36,309 --> 00:57:34,079

inspiration right there

1722

00:57:38,069 --> 00:57:36,319

wow well thanks i do hope other people

1723

00:57:40,069 --> 00:57:38,079

are inspired they can trust me the

1724

00:57:42,150 --> 00:57:40,079

water's fine

1725

00:57:43,910 --> 00:57:42,160

well said so before we go do you like to

1726  
00:57:44,950 --> 00:57:43,920  
give people your uh your website or tell

1727  
00:57:49,109 --> 00:57:44,960  
them where they can get the book

1728  
00:57:52,150 --> 00:57:49,119  
stuff like that sure so um i have a blog

1729  
00:57:52,710 --> 00:57:52,160  
called holy scrap uh the url for it is

1730  
00:57:56,710 --> 00:57:52,720  
blog

1731  
00:57:58,309 --> 00:57:56,720  
dot scrap hotspings.com

1732  
00:58:00,710 --> 00:57:58,319  
the book's called the good life lab

1733  
00:58:02,390 --> 00:58:00,720  
radical experiments and hands-on living

1734  
00:58:04,309 --> 00:58:02,400  
you can find it pretty much anywhere

1735  
00:58:07,670 --> 00:58:04,319  
retail online

1736  
00:58:07,990 --> 00:58:07,680  
amazon i hope if people like it they'll

1737  
00:58:10,549 --> 00:58:08,000  
write

1738  
00:58:11,829 --> 00:58:10,559

a little amazon review it helps me a lot

1739

00:58:14,549 --> 00:58:11,839

um and mostly

1740

00:58:16,230 --> 00:58:14,559

if i could point people to goodreads

1741

00:58:18,950 --> 00:58:16,240

where they could punch my name in

1742

00:58:20,470 --> 00:58:18,960

i'm about to hit northern california so

1743

00:58:22,470 --> 00:58:20,480

i've got gigs

1744

00:58:24,230 --> 00:58:22,480

from santa cruz all the way up to

1745

00:58:25,829 --> 00:58:24,240

hoplins and i would love to see some

1746

00:58:28,710 --> 00:58:25,839

people in person

1747

00:58:29,349 --> 00:58:28,720

i have a really fun talk that ends in a

1748

00:58:31,190 --> 00:58:29,359

juicy

1749

00:58:33,270 --> 00:58:31,200

conversation with everyone who attends

1750

00:58:35,670 --> 00:58:33,280

so it'd be great to see people

1751

00:58:37,589 --> 00:58:35,680

very awesome um that also just real

1752

00:58:38,549 --> 00:58:37,599

quick prompted uh something i saw on

1753

00:58:40,789 --> 00:58:38,559

your swa

1754

00:58:41,990 --> 00:58:40,799

swapo ramarama events that you put on i

1755

00:58:43,510 --> 00:58:42,000

was looking down the list to see if

1756

00:58:45,430 --> 00:58:43,520

there's one near san diego

1757

00:58:47,589 --> 00:58:45,440

and i got a good laugh out of one stop

1758

00:58:50,789 --> 00:58:47,599

on the tours in sonoma county

1759

00:58:54,630 --> 00:58:50,799

at the wells fargo center for the arts

1760

00:58:54,950 --> 00:58:54,640

i was like wow it's pretty ironic isn't

1761

00:58:57,910 --> 00:58:54,960

it

1762

00:58:58,470 --> 00:58:57,920

yeah they got their hands on everything

1763

00:59:00,309 --> 00:58:58,480

but um

1764

00:59:01,589 --> 00:59:00,319

awesome you know it's been a real blast

1765

00:59:03,109 --> 00:59:01,599

and i hope the next time i'm driving

1766

00:59:04,150 --> 00:59:03,119

through new mexico i'd love to see what

1767

00:59:05,829 --> 00:59:04,160

you guys have done

1768

00:59:07,990 --> 00:59:05,839

do you guys do tours or do you show

1769

00:59:09,270 --> 00:59:08,000

people um do you do workshops like that

1770

00:59:11,349 --> 00:59:09,280

at all

1771

00:59:13,030 --> 00:59:11,359

uh we let some folks in that are

1772

00:59:14,789 --> 00:59:13,040

like-minded and

1773

00:59:16,390 --> 00:59:14,799

really doing something themselves if we

1774

00:59:18,150 --> 00:59:16,400

had our door open all the time we would

1775

00:59:19,109 --> 00:59:18,160

do nothing but it gets pretty

1776

00:59:20,950 --> 00:59:19,119

challenging

1777

00:59:22,549 --> 00:59:20,960

so we try to pick our moments but we

1778

00:59:24,950 --> 00:59:22,559

would love to have you greg

1779

00:59:26,630 --> 00:59:24,960

and um anyone who wants to write a note

1780

00:59:27,030 --> 00:59:26,640

and you know let us know they're coming

1781

00:59:28,950 --> 00:59:27,040

through

1782

00:59:30,789 --> 00:59:28,960

if we're around and can make space we'll

1783

00:59:33,030 --> 00:59:30,799

try to do it that's awesome

1784

00:59:34,390 --> 00:59:33,040

well hey thanks again wendy take care

1785

00:59:36,870 --> 00:59:34,400

out there it's been awesome

1786

00:59:37,829 --> 00:59:36,880

great talking to you thanks greg take

1787

00:59:39,910 --> 00:59:37,839

care

1788

00:59:42,150 --> 00:59:39,920

there it is people wendy tremaine giving

1789

00:59:43,910 --> 00:59:42,160

us an out maybe sustainable living off

1790

00:59:45,510 --> 00:59:43,920

the grid seems a little less risky to

1791

00:59:46,470 --> 00:59:45,520

you now a little less foreign or

1792

00:59:47,510 --> 00:59:46,480

inconvenient

1793

00:59:49,190 --> 00:59:47,520

or maybe we just see those

1794

00:59:50,710 --> 00:59:49,200

inconveniences as drops in the bucket

1795

00:59:52,950 --> 00:59:50,720

compared to the benefits

1796

00:59:54,789 --> 00:59:52,960

of the freedom the freedom to wake up on

1797

00:59:55,670 --> 00:59:54,799

your own time pursue your own interest

1798

00:59:57,910 --> 00:59:55,680

in education

1799

00:59:58,710 --> 00:59:57,920

develop skills that you admire seeing in

1800

01:00:00,710 --> 00:59:58,720

others

1801  
01:00:02,069 --> 01:00:00,720  
be a guy who can fix a car or make a

1802  
01:00:04,230 --> 01:00:02,079  
battery for christ's sake

1803  
01:00:05,829 --> 01:00:04,240  
look it's too late for me people but you

1804  
01:00:07,670 --> 01:00:05,839  
can still save yourself

1805  
01:00:09,750 --> 01:00:07,680  
i assure you thanks for listening

1806  
01:00:11,190 --> 01:00:09,760  
facebook twitter share this show review

1807  
01:00:11,829 --> 01:00:11,200  
it where you can it's the best that you

1808  
01:00:13,829 --> 01:00:11,839  
can do

1809  
01:00:16,230 --> 01:00:13,839  
to make sure thc is still around if you

1810  
01:00:18,549 --> 01:00:16,240  
like the way i do these things

1811  
01:00:20,470 --> 01:00:18,559  
there's websites forums people you know

1812  
01:00:21,910 --> 01:00:20,480  
they'll ask what's a good podcast what

1813  
01:00:25,109 --> 01:00:21,920

should i listen to

1814

01:00:26,069 --> 01:00:25,119

mention the spread that goddamn word

1815

01:00:28,150 --> 01:00:26,079

people

1816

01:00:30,309 --> 01:00:28,160

my transition will come on the wings of

1817

01:00:32,710 --> 01:00:30,319

a few more conspiracies buyers so check

1818

01:00:34,789 --> 01:00:32,720

out my shirts at [conspiratees.net](http://conspiratees.net)

1819

01:00:36,150 --> 01:00:34,799

thanks again people i will see you next